

Join the HealthPartners Frequent Fitness Program and save \$20 a month just for working out! **It's as easy as 1-2-3.**

It pays to stay fit.



- 1 Check in.** Join a participating health club and sign up for Frequent Fitness. Show your HealthPartners member ID at the front desk so the health club can track your workouts and credit your account.
- 2 Work out.** Go to the club at least 12 days a month beginning January 1, 2007. Only one workout per day counts. All workouts must occur in the same month; you can't make up workouts from the previous month.
- 3 Get paid.** Your health club membership account is reimbursed six to eight weeks after your monthly workouts (e.g., February workouts are reimbursed in April). Each eligible adult's workout days are tracked on his or her individual membership account.

*Questions? Contact HealthPartners Member Services at 952-883-5000 or 800-883-2177, or visit the Health and Wellness tab on your personal page at [healthpartners.com](http://healthpartners.com).*

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