

Signs and Symptoms of Influenza vs. Common Cold

Signs and Symptoms:	Influenza	Cold
Onset	Sudden	Gradual
Fever	> 101 ° F, lasting 3 to 4 days	None or < 101 ° F
Cough	Dry, sometimes severe	Hacking
Headache	Prominent	Rare
Myalgias (muscle pain)	Usual, often severe	Uncommon or mild
Tiredness & Weakness	Lasting 2 to 3 weeks	Very mild and brief
Extreme exhaustion	Early and prominent	Never
Chest discomfort	Common	Uncommon or mild
Stuffy nose	Sometimes	Common
Sneezing	Sometimes	Typical
Sore Throat	Sometimes	Common