



HealthPartners® Inspire (SNBC)

Perks you can use

Discover the rewards and discounts designed to support healthy habits and keep you up to date with your health care.

Well-being support

Health risk assessment (HRA):

Completing a health assessment each year helps maintain your health. This assessment is an opportunity to discuss your health care needs and goals and connect you with the services you need to stay healthy. A care navigator will reach out to you after you enroll and every year after to help you complete your HRA and help you get the most from your plan.

Care coordination: Once you complete the HRA, you may also be contacted by a care coordinator, a licensed professional who helps identify your health goals and gives you support and tools to reach these goals. Care coordinators can also help set you up with supportive programs and services in your community.

Call **952-967-5253** or **833-437-1218** to connect with a care navigator or our care coordination team.

Help being tobacco free: Ready to quit smoking but don't know where to start? We can help. Call Member Services to learn more about your options.

Rewards

Healthy Pregnancy: Are you pregnant or planning to become pregnant? Our Healthy Pregnancy program provides personalized support for you. Get up to two \$25 gift cards for participating in Healthy Pregnancy support. You'll get one when you sign up for email or nurse support and one when you've finished the program. Get started at healthpartners.com/healthy-pregnancy.

New mom checkup reward: As a new mom, it's important to take care of yourself as you care for your baby. Complete your postpartum visit three to eight weeks after your baby is born, and you can get a \$25 gift card.

Annual physicals: Get a \$25 gift card when you complete your annual physical.

Cervical cancer screenings: Get a \$25 gift card when you have a doctor-recommended screening for cervical cancer.

Find more information on incentives, printable vouchers and more at healthpartners.com/rewards

Online tools

Virtuwell®: This 24/7 online clinic treats everyday illnesses anytime and it's available at no cost to you. Try it at virtuwell.com the next time you're sick.

Finding care: Visit healthpartners.com/sppmember to search for doctors, dentists, clinics and hospitals in your network.

Discounts

Healthy discounts: Get discounts on eyewear, exercise equipment and more.

MyHP App: Find care, make appointments, get test results, see your ID card and more with the myHP mobile app.

Just show your member ID card at participating retailers. See all discounts at healthpartners.com/discounts.

Health services resources and more information

CareLineSM service: Call CareLine for quick advice about your health, treatment options or where to go for care. CareLine nurses can answer questions 24/7, 365 days a year, at no cost to you. Call CareLine at **612-339-3663** or **800-551-0859** (TTY: **711**).

BabyLine phone service: Use BabyLine during your pregnancy up until your baby is 6 weeks old for advice on breastfeeding, medicines and more. BabyLine nurses are available 24/7, 365 days a year at **612-333-BABY (2229)** or **800-845-9297** (TTY: **711**).

RideCare®: If you need a ride to a medical or dental appointment, RideCare is a ride service to help you get there. Call **952-883-7400** or **888-288-1439** (TTY: **711**) to schedule a ride.

Interpreters: Do you need help from someone who speaks your language? Your clinic may be able to arrange an interpreter when you schedule an appointment. Member Services can also help.

Stakeholder meeting: Tell us how we're doing. We host stakeholder meetings to get your feedback on how to better support you and your health care goals. We'll periodically send you an invitation to participate in upcoming stakeholder meetings.

Questions?

Call Member Services at **952-967-7998** or **866-885-8880** (TTY: **711**), Monday through Friday from 8 a.m. to 6 p.m. CT (year-round)

Toll-free: **866-885-8880**

Attention. If you need free help interpreting this document, call the above number.

Digniin. Haddii aad u baahantahay caawimaad lacag-la'aan ah ee tarjumaadda (afcelinta) qoraalkan, lambarka kore wac.

Atención. Si desea recibir asistencia gratuita para interpretar este documento, llame al número indicado arriba.

Chú ý. Nếu quý vị cần được giúp đỡ dịch tài liệu này miễn phí, xin gọi số bên trên.

Auxiliary aids and services

HealthPartners provides auxiliary aids and services, like qualified interpreters or information in accessible formats, free of charge and in a timely manner, to ensure an equal opportunity to participate in our health care programs. Call **866-885-8880**.

Language assistance services

HealthPartners provides translated documents and spoken language interpreting, free of charge and in a timely manner, when language assistance services are necessary to ensure limited English speakers have meaningful access to our information and services. Call **866-885-8880**.

Discrimination is against the law

HealthPartners doesn't discriminate because of race, color, national origin, creed, religion, sexual orientation, public assistance status, marital status, age, disability or sex.



The HealthPartners family of health plans is underwritten and/or administered by HealthPartners Inc., Group Health Inc., HealthPartners Insurance Company or HealthPartners Administrators, Inc. Fully insured Wisconsin plans are underwritten by HealthPartners Insurance Company.

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