

# Diabetes Foundations for Health Professionals

*Building blocks for successful diabetes self-management*

## Dates

Wednesday through Friday  
May 13–15, 2020

(Canceled)

Wednesday through Friday  
Sept 16–18, 2020

## Location

Naegele Auditorium  
Park Nicollet Clinic & Specialty Center  
3800 Park Nicollet Blvd.  
St. Louis Park, MN 55416  
([View map and directions](#))

## Audience

This program is intended for nurses, dietitians, diabetes educators, students, interns and other health professionals who have less than five years of experience in diabetes care and education. It also is for anyone who wants a review of the fundamentals of diabetes self-management education.

## Description

Preventing, diagnosing and managing diabetes are growing concerns as the number of people affected by diabetes rises. To help you meet the challenge, we offer *Diabetes Foundations for Health Professionals*. This program offers a practical opportunity for health care professionals to expand their diabetes knowledge.

Two-and-a-half days of lectures, case studies and hands-on learning activities help you build a strong foundation in topics on diabetes therapies, management, education and complications. Whether you need an overall refresher, have recently added diabetes education to your responsibilities, or are preparing to take the exam to become a certified diabetes educator, this program gives you a comprehensive base of knowledge in diabetes. This conference is recommended for health professionals with five or less years of experience in diabetes care and education. It is also an ideal program for any health professional interested in diabetes management.

## **Tuition**

\$475 for professionals; \$300 for students.\* Includes continental breakfast and lunch. An electronic syllabus will be available prior to the conference. Participants have the option of purchasing a printed syllabus for \$30 when registering.

\*Student rate is for non-credentialed individuals currently obtaining their degree. Does not apply to credentialed professionals attending school. Call to register for the student rate.

Register online: [Sept 16-18, 2020](#)

[Printable registration form](#) to fax or mail

## **Contact us with questions or to register.**

Phone: 952-993-3531

Toll-free: 1-888-786-3119

Fax: 952-993-3033

E-mail: [cme@parknicollet.com](mailto:cme@parknicollet.com)

## **Agenda highlights**

*(Note: Topics and learner objectives may change without notice)*

### **Day 1 (Wednesday)**

**8 a.m. to 4:30 p.m.**

- Diabetes Management Today
- Successful Nutrition Therapy
- Noninsulin Therapies
- Starting and Adjusting Insulin Therapy
- Experience Living with Diabetes
- Practice What You Learned

### **Day 2 (Thursday)**

**8 a.m. to 4:45 p.m.**

- Optimizing Care with Diabetes Technology
- Day-to-Day Management of Diabetes
- Analyzing Glucose and CGM Reports
- Weight Loss
- Cultural Food Activity
- Insulin Pumps
- Practice Glucose Pattern Management
- Helping People Make Behavior Change
- Action Plan for Physical Activity

### **Day 3 (Friday)**

**8 a.m. to 12:30 p.m.**

- Patient-Friendly Answers to Tough Metabolic Questions
- Paving the Road to Success with Diabetes Self-Management Education
- Gestational Diabetes or Diabetes Care for Children and Adolescents
- Diabetes Complications

## **Learner outcomes**

The purpose of this activity is to give the learner a comprehensive foundation in diabetes therapies, management and education. Following this educational program, the participant will self-report more confidence to:

- Describe the pathophysiology and diagnostic criteria of all types of diabetes
- Teach lifestyle interventions including an individualized food plan and physical activity plans for patients with type 1 and type 2 diabetes
- Assess, select and recommend noninsulin therapies based on patient assessment
- Apply principles for starting, titrating and advancing insulin therapy
- Understand the daily challenges of living with diabetes, which will enhance empathy and effectiveness in working with patients with diabetes
- Describe the components of diabetes education, including patient assessment, motivational interviewing and goal setting
- Define a patient-centered approach to managing diabetes and its associated complications
- Identify diabetes technology products and describe their appropriate use

## **Faculty and planning committee**

Gina Bartindale, RN, PHN

Anders Carlson, MD

Dana Gershenoff, MS, RD, CDE\*

Aimee Grieme, RN, CDE

Jill Haugen\*

David Jopke, MSN, RN, PHN, CDE

Janet Lima, MPH, RN, CDE\*

Susan Marschke, RDN

\*Planning committee

Nicole Nader, MD

Teresa Pearson, MS, RN, CDE, FAADE

Diane Reader, RDN, CDE\*

Gregg Simonson, PhD\*

Nancy Waldbillig, RDN, CDE

Nia Wronski, PT

Andrea Zuellig, PhD, LP

## **Continuing education credits**

This activity has been submitted to Wisconsin Nurses Association Continuing Education Approval Program (WNA CEAP) committee for approval to award contact hours. WNA is accredited as an approver of continuing education by the American Nurses Credentialing Center's Commission on Accreditation.

Determination is pending; up to 18 credits may be awarded.

Continuing professional education has been applied for through the Commission on Dietetic Registration. Up to 18 credit hours may be awarded.

## **Cancellation and refund policy**

The registration fee, less a \$50 administrative charge, is refundable if cancellation is received five business days before the conference date.

All continuing medical education activities are subject to cancellation. In the event the program is canceled, the Office of Continuing Medical Education, HealthPartners Institute, is not responsible for airfare, hotel or other costs incurred by participants.

**Course location and facility**

This conference will be held in the Naegele Auditorium on the seventh floor of Park Nicollet Clinic & Specialty Center at 3800 Park Nicollet Blvd., St. Louis Park, Minnesota, conveniently located at the northeast intersection of Highway 100 and Excelsior Blvd. Follow the signs off Excelsior Blvd. to park in the free parking ramp.

A map will be sent with your confirmation letter.

Please note that because our conference facilities are not equipped for infants and children, we ask that you make arrangements for childcare.

**Hotel arrangements**

Contact any of these conveniently located hotels:

- [Holiday Inn Express\\*](#)  
6051 Golden Hills Drive  
Golden Valley, MN 55416  
763-545-8300
- [Marriott Residence Inn\\*](#)  
3400 Edinborough Way  
Edina, MN 55435  
952-893-9300
- [Homewood Suites\\*](#)  
5305 Wayzata Blvd.  
St. Louis Park, MN 55416  
952-544-0495

\*Note: These hotels offer a special IDC/Park Nicollet rate and include shuttle. Attendees are responsible for all travel, hotel arrangements and expenses.

# Diabetes Foundations

for Health Professionals

## Registration Form

Online registration is preferred. If registering by mail or fax, please copy and use a separate form for each registration.

### Select your preferred date (Wednesday to Friday):

May 13–15, 2020 (**Canceled**)     September 16–18, 2020

Name: \_\_\_\_\_  
(including credentials, as you want them to appear on your name badge)

Organization: \_\_\_\_\_

Business address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Business phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

If you have any special needs or dietary requests, call 952-993-3531 or 1-888-786-3119.

### Tuition and syllabus

Tuition is \$475 for professionals and \$300 for students.\* Includes continental breakfast and lunch. An electronic syllabus will be available for download prior to the conference. Participants have the option of purchasing a printed syllabus (check the box).  *Include a printed syllabus for an additional \$30.*

\*Student rate is for non-credentialed individuals currently obtaining a degree. Does not apply to credentialed professionals attending school. Call to register for student rate.

### Payment

Check (*enclosed, payable to International Diabetes Center*)

Visa     MasterCard     Discover     American Express

Credit card number: \_\_\_\_\_ Expiration date: \_\_\_\_\_

Cardholder name (please print): \_\_\_\_\_

Cardholder signature: \_\_\_\_\_

### Registration

If you are registered, check in and pick up your name badge and program materials the morning of the program. New registrations will be allowed on-site, as space permits, and must include payment.

### Cancellation, refund policy

The registration fee, less a \$50 administrative charge, is refundable if cancellation is received at least five business days before the conference date. All continuing medical education activities are subject to cancellation. In the event the program is canceled, the Office of Continuing Medical Education, HealthPartners Institute, is not responsible for any airfare, hotel or other costs incurred by participants.

### Location

Naegle Auditorium  
Park Nicollet Clinic & Specialty Center – St. Louis Park  
3800 Park Nicollet Blvd., 7th Floor North  
Minneapolis, MN 55416

Register online today!

### Web

[parknicollet.com/cme/diabetes](http://parknicollet.com/cme/diabetes)

### Phone

952-993-3531  
1-888-786-3119

### Mail

Continuing Medical Education  
Mailstop 61N06B  
3800 Park Nicollet Blvd.  
Minneapolis, MN 55416

### Fax

952-993-3033

### Email

[cme@parknicollet.com](mailto:cme@parknicollet.com)

Thank you! You will receive registration confirmation.

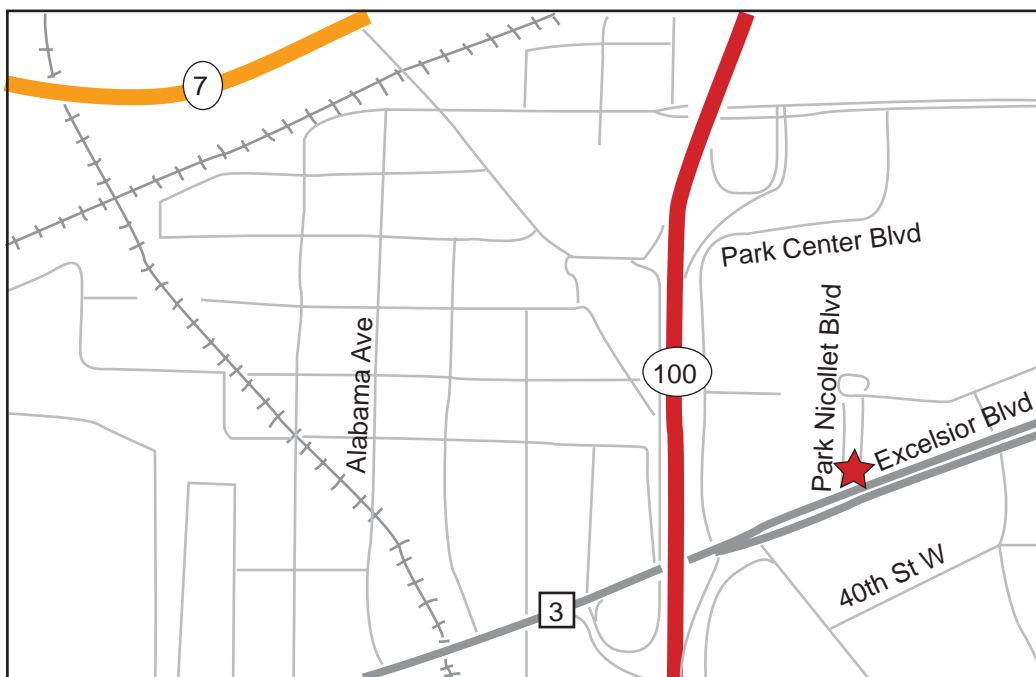
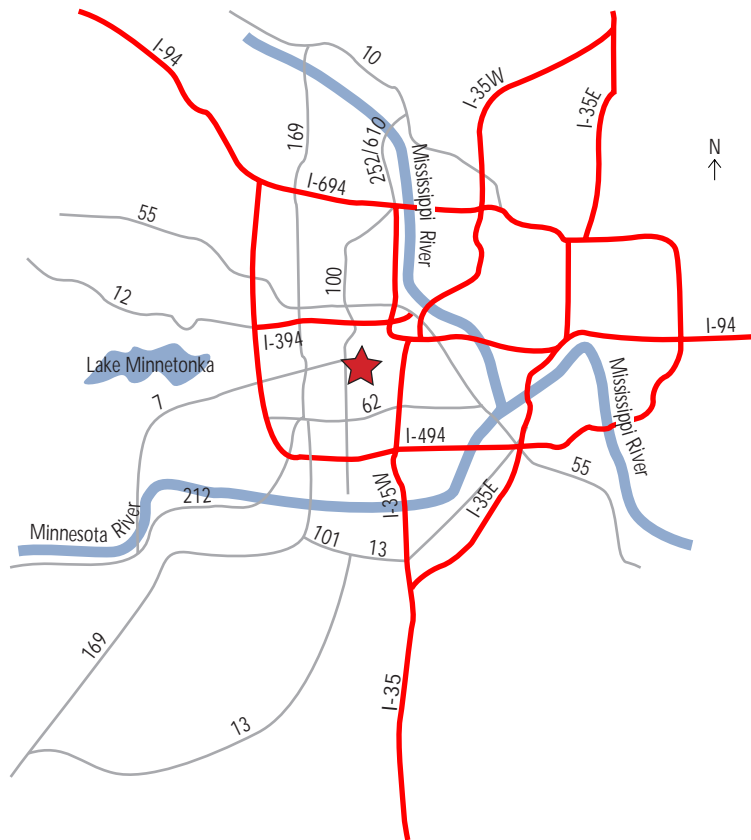
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**Park Nicollet**  
International Diabetes Center

# Park Nicollet Clinic & Specialty Center

3800 Park Nicollet Boulevard  
St. Louis Park, MN 55416  
952-993-3123 (General Information)



Hwy. 100 to Excelsior Blvd.; east to Park Nicollet Blvd. (across from Miracle Mile Shopping Center). Turn left into clinic and follow signs, going straight and then left to parking ramp. Parking is free. or, Hwy 169 to Excelsior Blvd.; east about three miles to Park Nicollet Blvd. Turn left into clinic and follow signs, going straight and then left to parking ramp. Parking is free.

# Park Nicollet Clinic & Specialty Center

