

## CURRICULUM VITAE

**NAME:** Nicolaas P. Pronk, Ph.D., M.A., B.S., FACSM, FAWHP

### POSITIONS:

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| President<br><b>HealthPartners<br/>Institute</b><br>Minneapolis,<br>Minnesota | Institutional<br>Official<br><b>HealthPartners<br/>Institute</b><br>Minneapolis,<br>Minnesota | Chief Science<br>Officer<br><b>HealthPartners,<br/>Inc.</b><br>Minneapolis,<br>Minnesota | Senior Research<br>Investigator<br><b>HealthPartners<br/>Institute</b><br>Minneapolis,<br>Minnesota | Affiliate Full<br>Professor, Health<br>Policy and<br>Management<br><b>University of<br/>Minnesota, School<br/>of Public Health</b><br>Twin Cities,<br>Minnesota |
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**BUSINESS ADDRESS:** HealthPartners Institute  
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Bloomington, MN 55425  
Mobile: 651-253-9333  
e-mail: [nico.p.pronk@healthpartners.com](mailto:nico.p.pronk@healthpartners.com)  
Website: <https://www.healthpartners.com/institute/>

### EDUCATION:

| <i>Date</i> | <i>Discipline</i>           | <i>Degree</i> | <i>Institution</i>   |
|-------------|-----------------------------|---------------|--|
| 1980        | Language Arts; Russian      | Associates    | Verenigd Particulier Onderwijs<br>Amsterdam, the Netherlands |
| 1986        | Health & Physical Education | B.S.          | Davis & Elkins College<br>Elkins, WV                         |
| 1988        | Exercise Physiology         | M.A.          | Kearney State College<br>Kearney, NE                         |
| 1992        | Exercise Physiology         | Ph.D.         | Texas A&M University<br>College Station, TX                  |

### POSTDOCTORAL TRAINING:

Research Fellowships

| <i>Date</i> | <i>Field of Research</i> | <i>Place</i>   | <i>Title</i>                 |
|-------------|--------------------------|--|------------------------------|
| 1992-1994   | Behavioral<br>Medicine   | University of Pittsburgh School of Medicine<br>Department of Psychiatry,<br>Western Psychiatric Institute and Clinic | Senior<br>Research<br>Fellow |

### ACADEMIC APPOINTMENTS:

| <i>Date</i>  | <i>Title</i>             | <i>Department</i> | <i>Institution</i>                            |
|--------------|--------------------------|-------------------|---|
| 1995-2004    | Research<br>Investigator | Population Health | <b>HealthPartners Research<br/>Foundation</b> |
| 2004-to date | Senior Research          | Population Health | <b>HealthPartners Institute</b>               |

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|--------------|-----------------------------------|---|--|
| 2009-2020    | Investigator<br>Adjunct Professor | Social and Behavioral<br>Sciences                   | <b>Harvard University</b> , T.H.<br>Chan School of Public Health |
| 2020-2023    | Visiting Scientist                | Social and Behavioral<br>Sciences                   | <b>Harvard University</b> , T.H.<br>Chan School of Public Health |
| 2012-2017    | Visiting Research<br>Professor    | Environmental Health<br>Sciences                    | <b>University of Minnesota</b> ,<br>School of Public Health      |
| 2020-to date | Affiliate Full<br>Professor       | Health Policy and<br>Management                     | <b>University of Minnesota</b> ,<br>School of Public Health      |
| 2020-to date | Collaborator                      | Global Burden of<br>Disease Collaborator<br>Network | <b>Institute for Health<br/>Metrics and Evaluation</b>           |
| 2023-to date | Council Member                    | NEJM Catalyst Insights<br>Council                   | <b>NEJM Catalyst</b>   |

**OTHER ACADEMIC APPOINTMENTS and MAJOR VISITING APPOINTMENTS:**

| <i>Date</i> | <i>Title</i>  | <i>Department</i>  | <i>Institution</i>  |
|-------------|---|--|---|
| 2001-2003   | Dissertation<br>Committee Member  | Department of Social<br>Health   | EMGO Institute of<br>Extramural Research, Vrije<br>Universteit, Amsterdam,<br>The Netherlands |
| 2003-2006   | Dissertation<br>Committee Member<br>(Advisory; Dr. L.<br>Anderson)                | School of Public<br>Health, Department<br>of Health Services<br>Research                 | University of Minnesota   |
| 2009-2012   | Visiting Faculty  | WHO Non-<br>Communicable<br>Disease Prevention<br>Course                                 | Ministry of Health and<br>Welfare, Helsinki, Finland  |
| 2012-2015   | Dissertation<br>Committee Member<br>(Dr. A. Briggs)                               | School of Public<br>Health, Department<br>of Occupational and<br>Environmental<br>Health | University of Minnesota,<br>School of Public Health   |
| 2013        | External Examiner of<br>dissertation (Dr. T.<br>Kolbe-Alexander)                  | Faculty of Health<br>Sciences; Department<br>of Public Health &<br>Family Medicine       | University of Cape Town,<br>South Africa  |
| 2013-2014   | Member of the Thesis<br>Committee for the<br>doctoral thesis (Dr. L.<br>Koopmans) | Department of Public<br>and Occupational<br>Health                                       | Vrije Universiteit<br>Amsterdam; Amsterdam,<br>The Netherlands                                |
| 2015        | Dissertation reviewer<br>(Dr. M. Neuhaus)   |  | University of Queensland,<br>Brisbane, Australia  |
| 2015-2017   | Faculty mentor (Emily<br>Sparer)  | Department of Social<br>and Behavioral<br>Sciences                                       | Harvard University T.H.<br>Chan School of Public<br>Health                                    |

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| 2015-2020    | Special Governmental Employee (SGE).   | U.S. Department of Health and Human Services | U.S. Department of Health and Human Services                  |
| 2017-2019    | External Examiner; dissertation thesis (Priya Sury, MD, PhD)   | Balliol College; Department of Theology      | University of Oxford, Oxford, United Kingdom                  |
| 2018-2020    | Faculty mentor (Susan Peters)  | Department of Social and Behavioral Sciences | Harvard University T.H. Chan School of Public Health          |
| 2017-to date | Institutional Official   | HealthPartners Institute                     | HHS.gov; Office for Human Research Protections                |
| 2017-to date | Member, Board of Directors   | HealthPartners Institute                     | HealthPartners  |
| 2019-2022    | Member, Tria Institute Board of Directors  | Tria Institute (HealthPartners)              | Tria Orthopaedic Research Center                              |
| 2019-to date | Chair, Roundtable on Obesity Solutions   | Health and Medicine Division (HMD)           | National Academy of Medicine                                  |
| 2019-to date | Faculty mentor; dissertation external examiner (Antti Äikäs, MSc)  | Faculty of Sport and Health Sciences         | University of Jyvaskyla, Finland                              |
| 2019-2020    | External Examiner dissertation thesis (Samantha Stephens, MPH)   |  | University of Queensland, Brisbane, Australia                 |
| 2019-2020    | Reviewer   | Healthy Longevity – Global Grand Challenge   | National Academy of Medicine                                  |
| 2021         | Scientific Reviewer  | Future of Work Research Agenda               | National Institute of Occupational Safety and Health (NIOSH)  |
| 2021-2022    | Member, Fellowship Advisory Panel for Dr. Kelly Mackenzie (GMC No: 6163374). Specialty Registrar in Public Health / Honorary Clinical Lecturer | School of Health and Related Research        | University of Sheffield Regent Court Sheffield United Kingdom |

**HONORS AND DISTINCTIONS (Year and name of award):**

| <i>Year</i> | <i>Program Awards</i> | <i>Award</i> |
|-------------|-----------------------|--------------|
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- 1985 NCAA Division II Men’s Soccer Championship Semi-Finalist
- 1996 Crystal Clarion Communications Award - Discover Worksite Health Kits
- 1997 National Health Information Merit Award - Discover Worksite Health Kit on *Family Health*
- 1997 National Health Information Gold Award - Discover Worksite Health Kit on *Nutrition*
- 1997 National Health Information Silver Award - “A Call to Change...” phone-based behavior modification program on *Weight Management*
- 1997 National Health Information Silver Award - “A Call to Change...” phone-based behavior modification program on *Smoking Cessation*
- 1998 Minnesota Council on Physical Activity and Sports Award of Excellence - *Partners for Better Health Phone Line Activity Counseling*”
- 1998 Minnesota Council on Physical Activity and Sports Award of Excellence - “*Discover Worksite Health Physical Activity Kit*”
- 1998 Dannon Award – Community health promotion program “Restaurant Challenge”
- 1998 Health Care Coalition on Violence. Violence Prevention: An Achievement Award for Health Care Organizations
- 1999 Minnesota Council on Physical Activity and Sports Award of Excellence - “*10,000 Steps*” physical activity program
- 1999 1999 C. Everett Koop National Health Award (Honorable Mention) for the Partners for Better Health Employer Initiative (PBHEI)
- 1999 National Health Information Merit Award – “10,000 Steps” physical activity program
- 2000 Dannon Award – Worksite health promotion nutrition education program “5-A-Day”
- 2001 American Public Health Association (APHA) National Print Information Award for “*Totally Teen,*” an adolescent health education resource
- 2002 American Association of Health Plans (AAHP) Community Leadership Award. “*Nutrition for All*”
- 2003 Accreditation of the Center for Health Promotion’s telephone-based diabetes self-management program by the American Diabetes Association Diabetes Education Standards Committee
- 2004 Innovation in Prevention Award, Department of Health and Human Services and the NIH Foundation for the HealthPartners 10,000 Steps® program
- 2005 Rise, Inc.'s Business Partner of the Year for 2004
- 2006-2011 National Business Coalition on Health (NBCH) *eValue8* National Best Practice in Health and Wellness and Disease Management for PPO and HMO plans (2006; 2007; 2008; 2009; 2010; 2011)
- 2009 URAC National Best Practices Award for employer-sponsored health and wellness programs—recipient of the URAC Platinum Award in Consumer Decision-Making
- 2009 National Commission on Quality Assurance (NCQA) Accreditation for Health and Wellness programs
- 2016 WebAward for the *Healthy Workplaces Healthy Community* website created as part of the Health Enhancement Research Organization (HERO) Employer-Community Committee, co-chaired by Dr. Cathy Baase and Dr. Nico Pronk

***Individual Awards***

- 1983 All Conference Athlete; West Virginia Intercollegiate Athletic Conference (WVIAC)
- 1983 WVIAC and Mid-Atlantic Soccer Champions
- 1985 **Academic Athlete of the Year**, Davis & Elkins College, Elkins, WV

- 1985 All Conference Athlete; West Virginia Intercollegiate Athletic Conference (WVIAC)
- 1986-7 **Academic All-American**
- 1988 Student Research Award, Texas Chapter of American College Sports Medicine
- 1992 Student Research Award, Association for Fitness in Business
- 1998 **President's Award** recipient, HealthPartners
- 1999 Excellence in Diabetes Care recognition, HealthPartners
- 2000 **"Forty Under 40"** – Minneapolis/St. Paul Business and Community Leadership
- 2000 **Fellow**, Association for Worksite Health Promotion (*FAWHP*)
- 2001 **Fellow**, American College of Sports Medicine (*FACSM*)
- 2004 Concept Mapping Achievement Award
- 2005 Community Partners Star Award, **University of Minnesota School of Public Health**
- 2005 Distinguished Service Award, Be Active Minnesota
- 2007 Service Recognition Award, **Defense Health Board** (formerly the Armed Forces Epidemiological Board)
- 2007 Admiral (Hon.) in the Nebraska Navy; bestowed upon by the governor of Nebraska in recognition of services rendered to improve the lives, health, and well-being of all Nebraskans.
- 2011 Service Recognition Award, **Clinical Obesity Research Panel (CORP)**, National Institutes of Health-National Heart, Lung, and Blood Institute (NHLBI), for service to the CORP from 2004-2011.
- 2012 **NIH Merit Award**—for outstanding leadership in the development and implementation of a nationally representative assessment of primary care physicians' practices related to energy balance.
- 2013 Mark Dundon **Research Award**. Health Enhancement Research Organization (HERO) in recognition of efforts to enhance and promote research that advances the science of employee health management and to facilitate research by other health management professionals.
- 2014 **Outstanding Alumni Award**. College of Education and Human Development. **Texas A&M University**.
- 2016 Recipient of the 2016 **Harvard TH Chan School of Public Health "Excellence in Teaching Award** for Executive and Continuing Professional Education."
- 2018 Recipient of the **Kammer Merit in Authorship Award**. This award recognizes the most outstanding article published in the Journal of Occupational and Environmental Medicine (JOEM) during a given year. The 2018 award recognized the article: Pronk, NP, et al. *Measurement tools for integrated worker health protection and promotion: Lessons learned from the SafeWell Project*, published in July 2016.
- 2018 Selected to present the **2018 Morris/Paffenbarger Lecture** at the Annual Scientific Meeting of the American College of Sports Medicine (ACSM).
- 2019 **Most Valuable Contributor** recognition as the Associate Editor for the *ACSM's Health & Fitness Journal*.
- 2021 **#1 Top-rated expert in Health Education and Health Promotion** during the 2011-2021 decade at Harvard University in Boston and University of Minnesota in Minneapolis.  
**Top 0.002% worldwide**—ranked 3<sup>rd</sup> in Health Promotion and 5<sup>th</sup> in [Health Education](#) worldwide.  
 Rankings based on contributions of [41 articles](#) on the topics of Health Education and Health Promotion from 90,213 eligible articles published since 2011, out of 246,713

published authors, and available via PubMed. See [Health Education: Worldwide - Expertscape.com](#)

2023 **2023 Distinguished Alumnus Award. Davis & Elkins College**, Elkins, WV.  
Recognized for significant contributions to society.

2024 **Recognized as Top Scholar** by ScholarGPS for outstanding performance in various fields, disciplines, and specialties. Based on a strong publication record, the impact of the work, and the notable quality of scholarly contributions, recognized for being in the **top 0.5% of all scholars worldwide**. See: [Nicolaas P. Pronk | Scholar Profiles and Rankings | ScholarGPS](#)

## MAJOR PROFESSIONAL SERVICE

| <i>National</i>   | <i>Service</i>  | <i>Date(s)</i>  |
|---|---|---|
| National Coalition for Promotion of Physical Activity (NCPA)      | Communications Committee  | 1998-2000   |
| Health Enhancement Research Organization (HERO)                   | <ul style="list-style-type: none"> <li>• Founding member</li> <li>• Board of Directors</li> <li>• Research Committee</li> <li>• Research Advisory Committee</li> <li>• HERO Advisory Group</li> </ul> | 1996<br>1996-1999 and<br>2016-2023<br>1996-2000<br>2001-to date<br>2023-to date |
| Association for Worksite Health Promotion (AWHP)                  | Long-range Strategic Plan Development Task Force  | 1997  |
| Minnesota Department of Health                                    | Governor’s Council on Physical Fitness and Sports   | 1996-1999   |
| Minnesota Department of Health                                    | MPAAT – Minnesota Partnership for Action Against Tobacco. Evaluation Advisory Committee   | 1998-1999   |
| American Heart Association, National Center (AHA)                 | Member of the AHA Prioritization Project - Behavioral Component   | 1997  |
| Centers for Disease Control and Prevention (CDC)                  | Nutrition and Physical Activity Communications Project  | 1997  |
| American Heart Association, National Center (AHA)                 | Member of the Advisory Board for Secondary Prevention of Heart Disease  | 1997-1998   |
| Center for the Advancement of Health                              | Advisory Committee on behavior change in managed care   | 1998-1999   |
| Partnership for the Promotion of Healthy Eating and Active Living | Working Group on Individually Oriented Interventions  | 1998-1999   |
| Association for Worksite Health Promotion (AWHP)                  | Board of Directors; VP of Finance and Treasurer   | 1999-2001   |
| HealthPartners  | Designed, developed and led community dialogue sessions on health improvement and care delivery. <ul style="list-style-type: none"> <li>▪ Osceola, WI; Community Café</li> </ul>                      | 2000  |

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|  | <ul style="list-style-type: none"> <li>▪ Hudson, WI; Community Café “Building a Health Campus”</li> <li>▪ Hudson, WI; Community Conversation with Health Care Leaders (including Earl E. Bakken, Founder MedTronic)</li> </ul> |              |
| Minnesota Department of Health and Be Active Minnesota                               | “Be Active Minnesota” Foundation Board Member  | 2002-2005    |
| Robert Wood Johnson Foundation (RWJF)  | Diabetes Self-Management Education Demonstration Program funding stream review of grant applications   | 2001-2002    |
| Robert Wood Johnson Foundation (RWJF)  | National Advisory Committee for the <i>Increasing Physical Activity in Adults 50+</i> Program  | 2001-2003    |
| Centers for Disease Control and Prevention (CDC)                                     | Diabetes Translation Advisory Committee (appointed by Secretary of DHHS, Dr. Tommy Thompson)   | 2001-2003    |
| National Institutes of Health (NIH)/Centers for Disease Control and Prevention (CDC) | Member of the National Diabetes Education Program—Health Systems Workgroup   | 2001-2003    |
| National Commission on Quality Assurance (NCQA)                                      | Geriatric Physical Activity Technical Subgroup   | 2002         |
| Robert Wood Johnson Foundation (RWJF)  | Addressing Multiple Health Risk Behaviors in Primary Care  | 2002-2004    |
| American College of Sports Medicine (ACSM)   | Task Force on Worksite Health Promotion Committee  | 2001-2003    |
| American College of Sports Medicine (ACSM)   | Chair, Worksite Health Promotion Special Interest Group  | 2001-2008    |
| American Association of Health Plans (AHIP)  | Subcommittee on Prevention and Public Health   | 2003-2005    |
| Institute of Medicine (IOM); National Academy of Sciences (NAS)                      | Committee to Assess Worksite Preventive Health Program Needs for NASA Employees  | 2004-2005    |
| University of North Carolina at Chapel Hill  | National Advisory Board of the Center of Excellence for Training and Research Translation  | 2005-2008    |
| University of Iowa, College of Public Health   | NIOSH Center of Excellence External Advisory Board Member  | 2005-2015    |
| National Institutes of Health (NHLBI)  | Chair, Review Panel for Epidemiology and Clinical Applications—Long-term Maintenance Trials  | 2006         |
| American College of Sports Medicine (ACSM)   | Behavioral Strategies Committee  | 2002-2009    |
| Association of Health Insurance Plans (AHIP)   | Obesity Initiative Advisory Board  | 2005-to date |
| Defense Health Board (DHB)   | DHB was formerly known as the Armed  | 2006-2007    |

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|   | Forces Epidemiological Board (AFEB; until 2007). Nominated by the Armed Forces Surgeon's General and confirmed by the White House |              |
| National Commission on Quality Assurance (NCQA)                                 | Health Promotion Advisory Panel and Measurement Advisory Panel  | 2007-2008    |
| Community Preventive Services Task Force (The "Task Force")                     | Member (Appointed by the Director of CDC)   | 2004-2017    |
| National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) at NIH | Clinical Obesity Research Panel   | 2006-2011    |
| Community Preventive Services Task Force (The "Task Force")                     | Chair, Prioritization Subcommittee  | 2007-2017    |
| American College of Sports Medicine (ACSM)                                      | Activity & Health Policy Network Leadership Team  | 2008-2012    |
| Harvard University, School of Public Health                                     | External Advisory Board Member, NIOSH Center of Excellence  | 2009-2010    |
| Carter Center   | Mental Health Program – Medical Home Summit Initiative  | 2009         |
| Carter Center   | Mental Health Program – Health Education Summit Initiative  | 2010         |
| Institute of Medicine (IOM); National Academy of Medicine (NAM)                 | Planning Group on "Can we Measure the Value of Non-Clinical Interventions for Disease Prevention?"                                | 2009         |
| Alliance to Make US Healthiest (USH)  | Expert Panel member for the US Healthiest Workplace Certification program   | 2010-2012    |
| Harvard University, School of Public Health                                     | Internal Advisory Board Member, NIOSH Center of Excellence  | 2009-2010    |
| Institute of Medicine (IOM); National Academy of Sciences (NAS)                 | Member of the "Valuation of Non-Clinical Community-Based Preventive Services and Wellness Programs"                               | 2010-2012    |
| Exercise is Medicine (ACSM)   | Member, Education Committee   | 2011-2016    |
| Use of Health Risk Assessments in Primary Care (AHRQ)                           | Expert panelist   | 2011-2013    |
| Institute of Medicine (IOM); National Academy of Sciences (NAS)                 | Member of the "Evaluating Progress of Obesity Prevention Efforts" Committee   | 2012-2013    |
| Congressional Briefings (one for the Senate and for the House side)             | Annual Report to Congress for the Community Preventive Services Task Force (House and Senate)                                     | June, 2013   |
| Congressional Briefing  | IOM report on "Evaluating Progress of Obesity Prevention Efforts"   | August, 2013 |



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| Institute of Medicine (IOM);<br>National Academy of<br>Medicine (NAM) | Member of the Roundtable on Obesity<br>Solutions   | 2014-2016    |
| National Academy of<br>Medicine (NAM)                                 | Member of the Integrated Clinical and<br>Social Systems for the Prevention and<br>Management of Obesity Innovation<br>Collaborative (ICSSPMO)—an Innovation<br>Collaborative associated with the Obesity<br>Solutions Roundtable | 2014-to date |
| Institute of Medicine (IOM);<br>National Academy of Sciences<br>(NAS) | Member of the Planning Committee for a<br>Workshop on Total Worker Health  | 2014         |
| National Physical Activity<br>Plan Alliance                           | Chair of the Business and Industry Sector<br>white paper for NPAPA and member of the<br>Business and Industry Sector Committee   | 2009-2020    |
| Institute of Medicine (IOM);<br>National Academy of Sciences<br>(NAS) | Co-Chair of the CEO Innovation<br>Collaborative of the Roundtable on Obesity<br>Solutions  | 2014-2017    |
| Institute of Medicine (IOM);<br>National Academy of Sciences<br>(NAS) | Chair of the Planning Committee for a<br>Workshop on Obesity Solutions “Cross-<br>Sector Work on Obesity Prevention,<br>Treatment, and Weight Maintenance:<br>Model for Change”  | 2015         |
| National Institute for<br>Occupational Safety and<br>Health (NIOSH)   | Expert Panel Member for the development<br>of the NIOSH WellBQ ( <a href="#">NIOSH Worker<br/>Well-Being Questionnaire (WellBQ)</a> ).   | 2015-2017    |
| Robert Wood Johnson<br>Foundation                                     | External Reviewer for the <i>Evidence for<br/>Action</i> portfolio—investigator-initiated<br>research to build a culture of health   | 2015         |
| Alliance to Make US<br>Healthiest (USH)                               | Member of the Board of Directors   | 2014-2016    |
| American Heart Association<br>(AHA)                                   | AHA Workplace Health Steering<br>Committee   | 2015-2017    |
| National Institutes of Health<br>(NIH)                                | Member of the Content Expert Group for<br>the NIH Pathways to Prevention Workshop:<br>Integrated Worker Health   | 2015         |
| National Academy of<br>Medicine (NAM)                                 | Member of the Planning Committee on<br>Assessing Relationships between Access to<br>Standardized Nutritional Care and Health<br>Outcomes and Cost-Effectiveness of Care<br>in Outpatient Cancer Centers                          | 2016         |
| National Academy of<br>Medicine (NAM)                                 | Member of the Planning Committee for a<br>workshop on the role of business in<br>multisector obesity solutions   | 2016         |
| National Academy of Sciences<br>(NAS)                                 | Member of the Committee to Review the<br>Process to Update the Dietary Guidelines<br>for Americans (DGA)   | 2016-2017    |

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| Robert Wood Johnson Foundation   | Reviewer for the “Engaging Business for Health” funding portfolio   | 2016         |
| National Institute for Occupational Safety and Health (NIOSH)  | Member of the Organizing committee for a workshop on Research Methods for TWH   | 2016-2017    |
| Harvard T.H. Chan School of Public Health and Harvard Business School  | Member, Culture of Health Advisory Board  | 2017-2020    |
| Health Care Systems Research Network (HCSRN)   | Member of the Governing Board of Directors  | 2017-2018    |
| National Academy of Sciences, Engineering, and Medicine (NASEM)  | Member of the Food and Nutrition Board  | 2016-2024    |
| Department of Health and Human Services  | Co-Chair of the Secretary’s Advisory Committee on National Health Promotion and Disease Prevention Objectives for 2030 (“ <b>Healthy People 2030</b> ”); nominated by the Secretary of Health and Human Services; Appointed by the White House; sworn-in November, 2016 | 2016-2020    |
| Minnesota Cardiovascular Health Alliance (CVH Alliance)  | Community Advisor   | 2016-to date |
| Health Enhancement Research Organization (HERO)  | Member, Board of Directors  | 2016-2023    |
| National Academy of Medicine (NAM)   | Member of the Workgroup on Standardizing Questions on Physical Activity, Physical Fitness, and Sedentary Behavior in Health Risk Assessments  | 2017-2018    |
| American College of Sports Medicine (ACSM)   | Presidential Task Force on National Healthcare Policy   | 2018-2020    |
| National Academy of Sciences, Engineering, and Medicine (NASEM)  | Review Coordinator for the review of “ <i>Understanding and Overcoming the Challenge of Obesity and Overweight in the Armed Forces: Proceedings of a Workshop</i> ”   | 2018         |
| Advancing NCVHS Recommendations (National Center for Vital Health Statistics and Institute for Healthcare Improvement [IHI] – 100 Million Lives Campaign) and Well-Being in the Nation (WIN network) | Member of the NCVHS Stewardship Group<br><br>Co-Lead for the Research & Learning Network  | 2018-2020    |
| National Academy of Science, Engineering, and Medicine (NASEM)   | Chair, Roundtable on Obesity Solutions  | 2019-to date |

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| Tria Orthopaedic (HealthPartners)  | Member, Tria Institute Board of Directors  | 2019-2022    |
| Department of Health and Human Services  | Member, Foundational Health Measures Selection Committee for Healthy People 2030   | 2019-2020    |
| National Academy of Medicine (NAM)   | Reviewer; Healthy Longevity – Global Grand Challenge   | 2019-2020    |
| Technical Expert Panel member of the AHRQ-funded systematic review protocol on <i>Prehabilitation and Rehabilitation for Major Joint Replacement</i> | Evidence-based Practice Center (EPC) at the Brown University Center for Evidence Synthesis in Health (Invited as a member of the learning health system network and researcher in healthy system policy) | 2020-2021    |
| National Academy of Science, Engineering, and Medicine (NASEM)   | Co-Chair, Workshop on Integrating Systems and Sectors toward Obesity Solutions (Workshop 1: Part I and II)   | 2020         |
| National Academy of Science, Engineering, and Medicine (NASEM)   | Co-Chair, Workshop on Using Systems Applications to Inform Obesity Solutions (Workshop 2)  | 2020         |
| National Academy of Science, Engineering, and Medicine (NASEM)   | Co-Chair, Workshop on Using Systems Applications to Inform Obesity Solutions (Workshop 3)  | 2020         |
| National Academy of Science, Engineering, and Medicine (NASEM)   | Co-Chair, Workshop on Using Systems Applications to Inform Obesity Solutions (Workshop 1)  | 2021         |
| National Academy of Science, Engineering, and Medicine (NASEM)   | Co-Chair, Workshop on Using Systems Applications to Inform Obesity Solutions (Workshop 2)  | 2021         |
| National Academy of Science, Engineering, and Medicine (NASEM)   | Co-Chair, Systems and Obesity: Advances and Innovations for Equitable Health and Well-Being: A Workshop (Workshop 3)   | 2021         |
| Datalys Center for Sports Injury Research and Prevention, Inc. (a not-for-profit sports injury surveillance company)                                 | Member, Board of Directors   | 2021-2024    |
| MakeUsWell ( <a href="http://www.makeuswell.com">www.makeuswell.com</a> )  | Charter Member of MakeUsWell, a (global) business support organization focused on reducing vaccine hesitancy led by Michael Critelli, former CEO of Pitney Bowes   | 2020-to date |
| Harborview Injury Prevention and Research Center<br><a href="http://www.hiprc.org">www.hiprc.org</a>   | Member of the External Advisory Board  | 2021-to date |
| National Institute of Occupational Safety and Health (NIOSH)   | Scientific Reviewer for the “Future of Work” initiative and research agenda  | 2021         |
| Well-Living Lab at Mayo  | Member, Scientific Advisory Council  | 2021-to date |

Clinic (a not-for-profit research laboratory for healthy living)

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| National Academies of Sciences, Engineering, and Medicine [National Research Council and Health and Medicine Division] | Member, Committee on Addressing Evidence Gaps in Clinical Prevention Recommendations  | 2020-to date |
| National Institute of Occupational Safety and Health (NIOSH)   | Member, NIOSH Worker Well-Being Questionnaire (WellBQ) Scientific Expert Panel  | 2021-to date |
| Healthy Democracy Healthy People Initiative  | Member, Research Advisory Group   | 2022-to date |
| Health Enhancement Research Organization (HERO)  | Member, HERO Advisory Group   | 2023-to date |
| National Academy of Science, Engineering, and Medicine (NASEM)   | Co-Chair, Workshop on Exploring the Science on Measures of Body Composition, Body Fat Distribution, and Obesity: A Two-Part Workshop (Workshop 1: BMI and Beyond: Considering Context in Measuring Obesity and its Complications) | 2023         |
| National Academy of Science, Engineering, and Medicine (NASEM)   | Co-Chair, Workshop on Exploring the Science on Measures of Body Composition, Body Fat Distribution, and Obesity: A Two-Part Workshop (Workshop 2: Going Beyond BMI: Communicating about Body Weight)                              | 2023         |
| Academy Health and the Donaghue Foundation   | Member, Research Community on High Value, Equitable Care – Advancing Research on High Value, Equitable Care   | 2022-2024    |
| National Academy of Science, Engineering, and Medicine (NASEM)   | Chair, 10 <sup>th</sup> Anniversary Committee for the Roundtable on Obesity Solutions   | 2023-2024    |
| Davis & Elkins College, Elkins, WV   | Member, Board of Trustees   | 2024-to date |

| <i>International</i>  | <i>Service</i>  | <i>Date(s)</i> |
|---|---|----------------|
| International Association for Worksite Health Promotion (IAWHP) | • [Founding] President  | 2008-2012      |
|   | • Immediate Past-President  | 2012-2014      |
|   | • Chair, Evaluation Committee   | 2014-2017      |
|   | • Member and Advisor of the Int'l BOD   | 2017-2021      |
| World Health Organization (WHO)                                 | Visiting Faculty, Non-Communicable Disease Training Workshop, Helsinki, Finland | 2009-2011      |
| Global Healthy Workplaces Award Program                         | Advisory Board Member and member of the Judges Panel                            | 2011-2016      |
| Ministry of Science,  | Reviewer of scientific proposals for funding                                    | 2015           |

|   |  |              |
|---|--|--------------|
| <b>Technology &amp; Space, Israel</b>   |  |              |
| Ministry of Health, Israel  | Consultant to the creation of a national worksite health promotion agenda and workshop presenter | 2010-2015    |
| Global Alliance for Healthy Workplaces (Coordinated by SESI/FIESC, Brazil and the Global Centre for Healthy Workplaces) | Founding Member  | 2015-to date |
| Global Chief Medical Officer Network  | Member   | 2016-2020    |
| Ministry of Health, Israel  | Consultant to the Healthy Israel 2030 initiative   | 2017-2019    |
| Ministry of Health, Israel  | Consultant to the National Healthy Workplaces Toolkit Initiative in Israel                       | 2017-2020    |

**PROFESSIONAL SOCIETIES:**

|              |   |
|--------------|---|
| 1984-1994    | American Alliance of Health, Physical Education, Recreation and Dance (AAHPERD) |
| 1985-1996    | National Strength and Conditioning Association (NSCA)                           |
| 1990-1992    | Association for Fitness in Business (AFB)                                       |
| 1995-2001    | Association for Worksite Health Promotion (AWHP)                                |
| 1986-to date | American College of Sports Medicine (ACSM)                                      |
| 1992-2014    | North American Association for the Study of Obesity (NAASO)                     |
| 1992-2014    | International Association for the Study of Obesity (IASO)                       |
| 2000-2010    | Society of Behavioral Medicine (SBM)  |
| 2005-2008    | International Society of Behavioral Nutrition and Physical Activity (ISBNPA)    |
| 2008-to date | International Association for Worksite Health Promotion (IAWHP)                 |
| 2011-to date | National Society of Physical Activity Practitioners in Public Health (NSPAPPH)  |
| 2017-to date | Academy Health  |
| 2021-to date | Interdisciplinary Association for Population Health Science (IAPHS)             |

**MAJOR ADMINISTRATIVE RESPONSIBILITIES (Title and place of responsibility):**

|  |  |
|--|--|
| Director, Health Risk Measurement and Worksite Programs, Center for Health Promotion | HealthPartners, Minneapolis, MN                |
| Senior Director, Center for Health Promotion   | HealthPartners, Minneapolis, MN                |
| Vice President, Center for Health Promotion  | HealthPartners, Minneapolis, MN                |
| Executive Director, Health Behavior Group  | HealthPartners, Minneapolis, MN                |
| Vice President, Health & Disease Management  | HealthPartners, Minneapolis, MN                |
| Vice President, Health Management  | HealthPartners, Minneapolis, MN                |
| VP & Health Science Officer  | JourneyWell by HealthPartners, Minneapolis, MN |
| VP & Chief Science Officer   | HealthPartners, Minneapolis, MN                |

President HealthPartners Institute & Chief Science Officer, HealthPartners, Inc. HealthPartners, Minneapolis, MN

Special Governmental Employee (SGE). U.S. Department of Health and Human Services; Co-Chair of the Secretary's Advisory Committee on National Health Promotion and Disease Prevention Objectives for 2030 [Federal Advisory Committee Act (FACA)] U.S. Department of Health and Human Services, Washington, DC (appointed by the Secretary of Health and Human Services and approved by the White House)

### **BUSINESS EXPERIENCE:**

- From 1994 until 2005, directed the Center for Health Promotion at HealthPartners, the nation's largest non-profit integrated health care delivery system serving approximately 1 million members.
- Led the creation and development of the HealthPartners Disease Management self-management and coaching program in 2002-2004 (diabetes, heart disease, depression).
- Starting in 2004, led the creation of a new national product line for health and wellness services at HealthPartners as Executive Director of the Health Behavior Group. In 2008, this became a national brand called *JourneyWell by HealthPartners* with its own profit and loss statements.
- In 2011, co-led the successful reintegration of *JourneyWell by HealthPartners* bringing market innovation and business solutions back into the integrated products and services solutions of the overall HealthPartners enterprise.
- In January 2017, appointed President of the HealthPartners Institute leading research and health professional education for HealthPartners.

### **MAJOR RESEARCH INTERESTS:**

- The role of culture in population health and well-being
- The role of business in community health and well-being
- The role of prevention, health and well-being in business performance
- Systems approaches to health promotion and disease prevention
- Translation of research into practical solutions (connecting practice and research)
- Integration of occupational safety and worksite health promotion
- Health promotion and disease prevention integration into clinical care delivery
- Population health improvement
- Physical activity and sedentary behavior
- Obesity

### **SCIENTIFIC EDITORIAL BOARDS (Associate Editor):**

#### ***Journals***

2003-2007 *Disease Management & Health Outcomes*  
2002-2020 *Preventing Chronic Disease: Public Health Research, Practice, and Policy*  
2011-2024 *Worksite Health International*  
2003-to date *ACSM's Health & Fitness Journal*  
2003-to date *American Journal of Health Promotion*

#### ***Books and Special Journal Projects***

1999-2003 Section Editor. *ACSM's Worksite Health Promotion Manual*, Human Kinetics, 2003

- 2009-2010 Guest Editor. What Works in Worksite Health Promotion? Recommendations for worksite-based interventions to improve worker health from the Task Force on Community Preventive Services. *American Journal of Preventive Medicine* 2010;38(Supplement 2)
- 2009 Editor. *ACSM's Worksite Health Handbook, 2<sup>nd</sup> Edition*, Human Kinetics, 2009
- 2010-2011 Section Editor. Business and Industry Sector. *Implementing Physical Activity Strategies*, Human Kinetics, 2014.

### **Reviewer (Scientific Journals/Funding Agencies)**

#### Ongoing:

- *ACSM's Health & Fitness Journal* (ACSM)
- *American Journal of Health Promotion* (AJHP)
- *BMC Public Health* (BioMed Central)
- *Frontiers in Public Health* (Frontiers)
- *International Journal of Behavioral Nutrition and Physical Activity* (IJBNPA)
- *The Lancet Public Health*

#### Periodic:

- *Translational Journal of the American College of Sports Medicine* (TJACSM)
- *Alcohol*
- *American Journal of Industrial Medicine* (AJIM)
- *American Journal of Lifestyle Medicine* (AJLM)
- *American Journal of Managed Care* (AJMC)
- *American Journal of Preventive Medicine* (AJPM)
- *Annals of Behavioral Medicine* (ABM)
- *Australian Journal of Psychology*
- *Bentham Science Publishers*
- *British Medical Journal* (BMJ)
- *BMJ Evidence-Based Medicine*
- *British Journal of Sports Medicine* (BJSM)
- *Diabetes Care* (American Diabetes Association)
- *Disease Management and Health Outcomes* (DMHO)
- *EES Population Health*
- *Effective Clinical Practice* (formerly HMO Practice)
- *Ergonomics in Design* (EID)
- *European Journal of Public Health* (EJPH)
- *Health Affairs*
- *Health Promotion International*
- *IEEE Intelligent Systems*
- *International Journal of Behavioral Medicine*
- *International Journal of Workplace Health Management* (IJWHM)
- *Journal of Gerontology*
- *Journal of the American Board of Family Physicians* (JABFP)
- *Journal of American Board of Family Medicine* (JAFBM)

- *Journal of the American Medical Association (JAMA)*
- *Journal of General Internal Medicine (JGIM)*
- *Journal of Men's Health*
- *Journal of Occupational and Environmental Medicine (JOEM)*
- *Journal of Physical Activity and Health (JPAH)*
- *Medicine and Science in Sports and Exercise (MSSE)*
- *Obesity Research* (North American Association for the Study of Obesity)
- *PLOS ONE Public Library of Science open access scientific journal*
- *Preventing Chronic Disease (PCD)*
- *Research Quarterly in Exercise and Science* (American Alliance for Health, Physical Education, Recreation and Dance)
- *Scandinavian Journal of Public Health*
- *Social Science & Medicine (SS&M)*
- *Sports Medicine*
- *SSM – Population Health*
- *SSM – Qualitative Research in Health*
- *The Lancet*
- *The Lancet Psychiatry*
- *The Permanente Journal*
  
- Agency for Health Care Research and Quality (AHRQ)
- American Cancer Society
- Arthritis Foundation
- Centers for Disease Control and Prevention (CDC)
- Hamad Medical Corporation; Medical Research Center. Doha, Qatar.
- Institute of Medicine (IOM) / National Academies of Sciences, Engineering and Medicine (NASEM)
- Ministry of Health, Singapore
- Ministry of Health, The Netherlands (ZonMW)
- Ministry of Science, Technology & Space, Israel
- National Institutes of Health (NIDDK, NCI, NHLBI)
- National Institute of Occupational Safety and Health (NIOSH)
- National Occupational Research Agenda (NORA)
- Oxford University (UK)
- Robert Wood Johnson Foundation
- University of Cape Town, South Africa
- University of Queensland, Brisbane, Australia
- Vrije Universiteit, Amsterdam, The Netherlands

**RESEARCH SUPPORT (as PI or Co-PI only):**

***Past Funding (last 10 years):***

| <i>Year(s)</i> | <i>Funding Source</i>                         | <i>PI/ Co-PI</i> | <i>Grant Title</i>              |
|----------------|---|------------------|---------------------------------|
| 1998-2001      | John D. and Catherine T. MacArthur Foundation | Site PI          | Workplace Depression Initiative |
| 2000-2002      | Hoffman-LaRoche                               | PI               | Partners for Healthy Weight     |



|           |  |         |   |
|-----------|--|---------|---|
| 2001-2003 | Alliance of Community Health Plans (ACHP) and Robert Wood Johnson Foundation (RWJF)  | PI      | Advancing Tobacco Control Using a Dental Provider Network   |
| 2001-2002 | American Cancer Society  | PI      | The Real Fountain of Youth for Low Income Workers   |
| 2001-2002 | Robert Wood Johnson Foundation (RWJF)  | PI      | Partners for Better Health 2005 Baseline Lifestyle Survey   |
| 2002-2006 | ZorgOnderzoek Nederland (ZON) and Nederlandse Hartstichting (Dutch Heart Foundation) | Co-PI   | De effectiviteit van een via de post, telefoon of e-mail aangeboden leefstijlprogramma op de leefstijl en ervaren gezondheid bij een werkende niet-actieve populatie met overgewicht. Een gerandomiseerd gecontroleerd onderzoek. (Weight Management by Phone, Mail, or Internet: A randomized controlled trial on the preventive effects of a physical activity enhancing or healthy eating program) |
| 2003-2005 | National Institutes of Health (NIH)  | Core PI | Minnesota Obesity Center (MNOC) Health Systems CORE   |
| 2002-2004 | Robert Wood Johnson Foundation (RWJF)  | PI      | Creating Capacity for Integrated Telephone-based Behavioral Counseling  |
| 2005-2008 | HealthPartners Research Foundation (HPRF)  | PI      | Pilot Effectiveness Trial of a Continuous Feedback Weight-Loss Intervention among Obese Employees of HealthPartners   |
| 2005      | Kaiser Permanente Care Management Institute  | PI      | Evidence-Informed Health Promotion Protocol for Weight Management   |
| 2005-2006 | America's Health Insurance Plans (AHIP)  | PI      | Presenting translated findings from evidence-based reviews and application to weight management solutions   |
| 2008      | Centers for Medicare and Medicaid Services (CMS) Senior Risk Reduction Demonstration | PI      | Partners in Healthy Aging   |
| 2011-2016 | National Institute for Occupational Safety and Health (NIOSH)                        | Site-PI | Center for Work, Health and Wellbeing at the Harvard T.H. Chan School of Public Health  |
| 2013      | Institute of Medicine (IOM) Population Health Roundtable                             | PI      | Environmental scan of employer initiatives designed to improve community health   |
| 2014      | Robert Wood Johnson Foundation   | Co-PI   | Building and disseminating to employers the work of an employer-community collaboration to improve community health   |

|           |   |                               |   |
|-----------|---|-------------------------------|---|
| 2014-2016 | Robert Wood Johnson Foundation                                | Co-PI                         | Building and disseminating to employers the work of an employer-community collaboration to improve community health                 |
| 2015-2016 | Center for Work, Health and Well-Being                        | PI                            | Exploring relationships between work organization, worker behaviors, and productivity indicators in smaller manufacturing companies |
| 2016-2021 | National Institute for Occupational Safety and Health (NIOSH) | Site PI and Sr. Advisor       | Center for Work, Health and Wellbeing at the Harvard T.H. Chan School of Public Health  |
| 2021-2026 | National Institute for Occupational Safety and Health (NIOSH) | Site PI and Sr. Advisor       | Center for Work, Health and Wellbeing at the Harvard T.H. Chan School of Public Health  |
| 2021-2023 | R21 funded by NIH   | Other Significant Contributor | MAP to Health   |

***Current Funding:***

| <i>Year(s)</i> | <i>Funding Source</i>   | <i>PI/Co-PI</i>  | <i>Grant Title</i>   |
|----------------|---|------------------|--|
| 2021-2026      | National Institute for Occupational Safety and Health (NIOSH) | Co-I and Site PI | Center for Work, Health and Wellbeing at the Harvard T.H. Chan School of Public Health |
| 2021-2026      | NIH   | Co-I             | Bariatric Surgery and Obesity Wizard   |
| 2023-2028      | NIH   | Co-I             | Genetics Wizard  |
| 2024-2025      | Park Nicollet Foundation                                      | PI               | Building a systems map to support HealthPartners systemwide workforce planning         |

***Pending:***

|      |                             |      |  |
|------|-----------------------------|------|--|
| 2024 | NIH                         | Co-I | MAP to Health  |
| 2024 | Regions Hospital Foundation | PI   | The Geographic Distribution of Cancer Risks, Diagnoses, and Mortality by Dominant Regional Cultures: A National Perspective and Upper-Midwest Regional Profile |

**INVENTIONS/PATENTS/TRADEMARKS:**

|   |                          |
|---|--------------------------|
| <i>Achieve Your Health Potential</i> <sup>®</sup> Health Assessment Survey Tool | HealthPartners copyright |
| Health Potential Score metric and predictive algorithm                          | HealthPartners trademark |
| 10,000 Steps <sup>®</sup> pedometer walking program                             | HealthPartners copyright |

**TEACHING EXPERIENCE:**

| <i>Date</i> | <i>Title</i>                             | <i>Department</i>             | <i>Institution</i>    |
|-------------|--|-------------------------------|-----------------------|
| 1986-1988   | Health and Physical Education Instructor | Health and Physical Education | Kearney State College |

|           |  |  |   |
|-----------|--|--|---|
| 1988-1991 | Adult Fitness Program Instructor   | Health and Kinesiology                                 | Texas A&M University                                  |
| 1988-1991 | Laboratory Technician  | Health and Kinesiology                                 | Texas A&M University                                  |
| 1991-1992 | Assistant Lecturer   | Health and Kinesiology                                 | Texas A&M University                                  |
| 2009-2011 | Visiting faculty for the WHO Workshop on Non-Communicable Disease Prevention                                 |  | Ministry of Health, Finland                           |
| 2010-2012 | Evidence-based Worksite Health   | Society, Human Development, and Health                 | Harvard University, T.H. Chan School of Public Health |
| 2012-2019 | Work, Health, and Wellbeing: Strategic Solutions for Integrating Wellness and Occupational Health and Safety | Executive and Continuing Professional Education (ECPE) | Harvard University, T.H. Chan School of Public Health |
| 2019-2023 | Work, Health, and Wellbeing: Achieving Worker Health – virtual educational program                           | Executive and Continuing Professional Education (ECPE) | Harvard University, T.H. Chan School of Public Health |

#### **INVITED PRESENTATIONS:**

1. Pronk, N.P. The physiology and psychology of dieting. Seminar. Westinghouse EAP plant, College Station, TX. 1989.
2. Pronk, N.P. Very-low-calorie diets and exercise. Invited lecture presented to the Mid-East Texas Dietetic Association (METDA), College Station, TX, 1990.
3. Pronk, N.P. Role of exercise in daily living. Invited lecture presented at the Annual Department of Food Services 1990 Management Seminar, College Station, TX, 1990.
4. Pronk, N.P. Measurement of body composition in man: Methodology and validity. Invited lecture for the Animal Science Department, Texas A&M University, TX, 1990.
5. Pronk, N.P. Weight loss options. Invited lecture as part of an open panel discussion on medical, nutritional, and behavioral aspects of weight control. Westinghouse EAP Wellness Task Force Lecture Series, College Station, TX, 1991.
6. Pronk, N.P. Exercise and Obesity. Introduction to the Clinical Exercise Physiology Seminar. University of Pittsburgh Medical Center, Pittsburgh, PA, 1993.
7. Pronk, N.P. Health Promotion for Targeted Populations. Seminar at Ramsey Hospital, St. Paul, MN, January, 1995.
8. Pronk, N.P. Diabetes and Exercise - Basic Tips for Exercise. Invited lecture at the Annual American Diabetes Association, MN Affiliate Meeting, January, 1995.
9. Pronk, N.P., Exercise and Obesity. Continuing education for registered dietitians, HealthPartners, MN, June, 1995.
10. Pronk, N.P. Applying Data to Program Implementation: Building a Patient Registry for Health Promotion. From Managed Care to Managed Health Conference, Park Nicollet Medical Foundation, Minneapolis, MN, September, 1995.

11. Pronk, N.P. Linking Care Management to Health Risk Assessment. Group Health Association of America (GHAA), Washington, DC, October, 1995.
12. Pronk, N.P. Health Promotion Initiatives via the Internet: Enhancing Patient Interaction. Providing Patient Education via the Internet Conference, Institute for International Research, Miami, FL, February, 1996.
13. Pronk, N.P. & Isham, G.J. Forming Partnerships that Work: Patient, Provider, and Purchaser. State-of-the-art Health Outcomes Conference, Medical Outcomes Trust, Boston, MA, May, 1996.
14. Pronk, N.P. Overcoming the challenges of managing high risk patients. Advanced Approaches in Health Care Operations. American Association of Health Plans (AAHP), Orlando, FL, October, 1996.
15. Pronk, N.P. Proactive member assessment: Finding those at-risk in a population. Research in Medical Group Practice - Center for Research in Ambulatory Health Care Administration Annual Conference (MGMA), Minneapolis, MN October, 1996.
16. Pronk, N.P. Utilizing Internet technology to improve the flow of information and link the member with appropriate resources. Technology to Support Demand Management Conference, Institute for International Research, San Diego, CA, January, 1997.
17. Pronk, N.P. How managed care can support prevention and treatment efforts for obese children and adolescents. Childhood and Adolescent Obesity: Prevention and Intervention Conference. University of Minnesota, Minneapolis, MN, May, 1997.
18. Pronk, N.P. Population health improvement strategy in a Managed Care setting: Intervention and assessment design. The Disease Management Congress Meeting on Disease Prevention and Health Management. The National Managed Health Care Congress (NMHCC). New York, NY, June, 1997.
19. Pronk, N.P. Selected biological and behavioral risk factor associations with clinical and financial outcomes. The Disease Management Congress Meeting, The National Managed Health Care Congress (NMHCC). New York, NY, June, 1997.
20. Pronk, N.P. Many Things New in Diabetes Type 2: New drugs, Screening Recommendations, and Diagnostic Criteria. Panel Discussion on Screening & Prevention of Type 2 Diabetes with Drs. Engelgau, Kendall, O'Connor, Pronk, and Pearson. HealthPartners, Minneapolis, MN, November, 1997.
21. Pronk, N.P. Fitting fitness into a systems approach to population health improvement. The Personalized Health Management Conference, 1997. Beverly Hills, CA, November, 1997.
22. Pronk, N.P. Why Health Improvement? HealthPartners PBH Physician Conference on Behavior Change, December, 1997.
23. Pronk, N.P. Behavior change and health promotion: Bridging the gap between theory and application. Lecture presented at the quarterly Minnesota AWHP Education Meeting, Minneapolis, MN, 1997.
24. Pronk, N.P. Population Health: Through the Eyes of the employer. Discover Worksite Health Management Symposium, January, 1998
25. Pronk, N.P. The future of health promotion panel: Leaders address the trends and issues -- Health promotion in the 21st century. Panel presentation with Terry, P. and McCabe, M. at the International AWHP Meeting, Anaheim, CA, 1998.
26. Pronk, N.P. Systems approach to population health improvement: A model and results. Best practice lecture presented at the International AWHP Meeting, Anaheim, CA, 1998.

27. Pronk, N.P. Population health improvement and Managed Care: Where and how do dietary supplements fit? Lecture presented at the 25<sup>th</sup> Annual Conference of the Council for Responsible Nutrition. October, 1998.
28. Pronk, N.P. Forum on Community Health Renewal. Osceola Medical Center, Osceola, WI. Facilitation of Forum and Dialogue Session Leader, April, 1999.
29. Pronk, N.P. Show Me The Money!—The need for economic consciousness in worksite health promotion. American Heart Association, Minnesota Affiliate, Heart-At-Work Conference, April, 1999.
30. Pronk, N.P. 1999 Childhood Obesity: Partnerships for Research and Prevention. International Conference Series on Health Promotion, International Life Sciences Institute (ILSI), Atlanta, GA, May, 1999.
31. Pronk, N.P. Show Me the Money!—Economic justification and model approach to population health improvement. Centers for Disease Control and Prevention, Division of Nutrition and Physical Activity Seminar, May, 1999.
32. Pronk, N.P. Show Me the Money!—Economic justification of physical activity programs in worksite settings. Breakfast Seminar, Hennepin County Community Health Department, Health Promotion Division. June, 1999.
33. Pronk, N.P. Depression and Workplace Performance. Employer Summit on Health and Productivity. San Francisco. CA, September, 1999.
34. Pronk, N.P. HRAs and system connectedness: Activation of health improvement systems using health assessment and the invitation of people to partner for health. Society of Prospective Medicine (SPM) Conference, Colorado Springs, CO, September, 1999.
35. Pronk, N.P. Overview of targeted interventions. Association for Worksite Health Promotion, Minnesota Chapter. Minneapolis, MN, March 2000.
36. Pronk, N.P. Economic aspects of obesity: A managed care perspective. American College of Sports Medicine Conference, Indianapolis, IN, May 2000.
37. Pronk, N.P. Systems approach to population health improvement: Models, measurement, and implementation. All-day workshop at the 25<sup>th</sup> Annual National Wellness Conference. Stevens Point, WI, July 2000.
38. Pronk, N.P. Data collection for health improvement. 25<sup>th</sup> Annual National Wellness Conference. Stevens Point, WI, July 2000.
39. Pronk, N.P. Economic aspects of modifiable health risks. Broker and Sales Training Seminar. HealthPartners, Minneapolis, MN, September, 2000
40. Pronk, N.P. Return on health investment: Economic aspects of health promotion. Workforce 2001 Conference & Expo. Minneapolis, MN, September, 2000
41. Pronk, N.P. Obesity and Managed Care: A Systems Perspective. University of Kansas 2<sup>nd</sup> Annual Conference on the Prevention and Treatment of Obesity. Kansas City, MO, September, 2000.
42. Pronk, N.P. Community Intervention: 10,000 Steps and Restaurant Challenge/Network. Engaging in Population-Based Programs to Improve Cardiovascular Health meeting. CDC and ACHP. Atlanta, GA, October, 2000.
43. Pronk, N.P. and Pronk, S.J. Improving Worker Health: A Strategic Business Investment. International Society of Certified Employee Benefits Specialists (ISCEBS). Minneapolis, MN, November, 2000.
44. Pronk, N.P. The Current Status and Future of Health and Productivity Research. Panel Presentation, 1<sup>st</sup> Annual International Health & Productivity Conference, HERO, Washington, D.C., February, 2001.



45. Pronk, N.P. Economic Opportunity for Health Promotion in Managed Care. American Journal of Health Promotion: Art and Science of Health Promotion Conference, Washington, D.C., February, 2001.
46. Pronk, N.P. Evidence-based behavioral medicine opportunities for prevention and management of chronic disease. Society of Behavioral Medicine (SBM) Symposium presentation. Seattle, WA, March, 2001.
47. Pronk, N.P. Doing Better with Chronic Disease: Translating Behavioral Research in Diabetes into Practice. “Work, Learn, Relax: Systematic translation of good ideas into scalable and sustainable programs.” Society of Behavioral Medicine (SBM) Symposium presentation. Seattle, WA, March 2001.
48. Pronk, N.P. Economic Opportunity for Health Promotion in Managed Care. Drury University Convocation Lecture. Drury University, Springfield, MO, April 2001.
49. Pronk, N.P. Approaches to population health improvement. Institute of Medical Education, Partnership for Quality Education. University of Minneapolis, Saint Paul, MN, May 2001.
50. Pronk, N.P. Integrating behavioral interventions into health care delivery. American Diabetes Association Scientific Sessions, Philadelphia, 2001.
51. Pronk, N.P., & Strecher, V.J. Behavior Change and Population Health. Disease Management Association of America (DMAA). New Orleans, LO, October 2001.
52. Pronk, N.P. Promoting patient adherence to behavior change interventions: Illuminating the blind spot. Keynote Lecture at the annual Society of Behavioral Medicine (SBM) Symposium. Washington, DC, March 2002.
53. Pronk, N.P. On Transformation: Creating a new “David” in health care. Presentation to the Committee on Identifying Priority Areas for Quality Improvement. Institute of Medicine, Washington, DC, May 2002.
54. Pronk, N.P. Dilemmas in diabetes education: Outcomes measurement. American Association of Diabetes Educators, Philadelphia, August, 2002.
55. Pronk, N.P. Accelerating the Adoption of Preventive Care Services: Building New Partnerships and Community Commitment. Keynote Lecture at the National Institute for Health Care Management Research and Educational Foundation meeting (NIHCMF), Washington, DC, September, 2002.
56. Pronk, N.P. and Hedin, L. Health Care Interventions for Obesity Prevention and Treatment. 3<sup>rd</sup> Annual University of Minnesota School of Public Health Roundtable. November, 2002.
57. Pronk, N.P. Are lifestyle interventions an OHS-product? Keynote Lecture at the International Conference on Occupational Health Services, Academic Medical Centre (AMC) Amsterdam, The Netherlands, November 2002.
58. Pronk, N.P. Impact of obesity on employee productivity and absenteeism. Presentation at the Washington Business Group on Health (WBGH) Summit on Obesity, Cardiovascular Disease, and Diabetes. Washington, DC, December, 2002.
59. Pronk, N.P. Health plan-based health promotion strategies: Rationale, products, and services. National Health Policy Conference. Washington, DC, January, 2003.
60. Pronk, N.P. Identification of high risk individuals through self-report. ACHP’s Population-Based Care Conference. Alliance of Community Health Plans, New Orleans, LO, February, 2003.
61. Pronk, N.P. Demonstrating health plan value through integrated health promotion. Invited lecture and dialogue. Tufts Health Plan, Cambridge, MA, February, 2003.
62. Pronk, N.P. The business case for health promotion in managed care. The Art and Science of Health Promotion Conference, Washington, DC, February, 2003.

63. Pronk, N.P. Doing nothing is not an option. HealthPartners Institute of Medical Education Biannual Conference on Obesity, March, 2003.
64. Pronk, N.P. Obesity research in integrated health systems: Translation efforts. National Institutes of Health, NHLBI Think Tank on Enhancing NHLBI Obesity Research, March, 2003.
65. Pronk, N.P. & Wegleitner, T. Worksite health promotion. Invited lecture at the Northland Chapter ACSM Spring Tutorial, St. Cloud, MN, March 2003.
66. Pronk, N.P. Creating the business case for investment in health promotion programs. ACSM's Health & Fitness Summit, Reno, NV, April, 2003.
67. Heath, G.W. and Pronk, N.P. Using Healthy People 2010 to Empower Worksite and Community-based Physical Activity Programs. ACSM's Health & Fitness Summit, Reno, NV, April, 2003.
68. Pronk, N.P. Worksite Health Promotion: What is Best for Your Organization? Steps to a Healthier U.S.: Putting Prevention first Conference. Baltimore, April, 2003.
69. Pronk, N.P. Addressing tobacco control in dental networks. 2003 Addressing Tobacco in Managed Care Conference, Atlanta, GA, April, 2003.
70. Pronk, N.P. and O'Connor P.J. Readiness to change: Improving health and functional outcomes. Invited lecture at the ING-ROSE Annual Conference, Minneapolis, MN, July, 2003.
71. Pronk, N.P. The chronic care model as a framework for comprehensive prevention and treatment strategies. Roundtable on the Prevention and Treatment of Overweight and Obesity: Toward a Roadmap for Advocacy and Action. Washington, DC, August, 2003.
72. Pronk, N.P. Health promotion in occupational health care. Invited lecture for the First Annual Body@Work Seminar, Amsterdam, The Netherlands, September, 2003.
73. Pronk, N.P. Steps to Healthy Living: Impact of Lifestyle-related Risk Factors on Health, Disability, Medical Expenditures, and Work Performance. The Food Industry Center Conference, University of Minnesota, Minneapolis, MN, October, 2003.
74. Pronk, N.P. Addressing obesity in Health Systems. Presentation to the NIDDK Clinical Obesity Research Panel (CORP) at NIH. Bethesda, MD, February, 2004.
75. Pronk, N.P. Integrating health promotion into health insurance products. ACSM's Health & Fitness Summit, Orlando, FL, April, 2004.
76. Pronk, N.P. Considerations for program design: The quest for simplicity. ACSM's Health & Fitness Summit Pre-conference lecture, Orlando, FL, April, 2004.
77. Pronk, N.P. Why invest in prevention? 2<sup>nd</sup> National Steps to a Healthier US Summit, Baltimore, MD, April, 2004.
78. Pronk, N.P. Addressing the impact of the obesity epidemic on the U.S. health care system, IIR Obesity Conference, Houston, TX, May, 2004.
79. Pronk, N.P. Economic incentives for health behavior change. The National Occupational Research Agenda (NORA): Health and Safety Priorities for the 21st Century, Minneapolis, MN, May, 2004.
80. Pronk, N.P. Improving the Promotion of a Physically Active Lifestyle: Thinking Outside the Box. American College of Sports Medicine 51<sup>st</sup> Annual Conference Keynote Address, Indianapolis, IN, June, 2004.
81. Pronk, N.P. Identification of Predictors of Weight Gain among Health Plan members - A Preliminary Analysis. Workshop on Predictors of Obesity, Weight Gain, Diet and Physical Activity. National Institutes of Health, National Heart, Lung and Blood Institute, Bethesda, MD, August, 2004.


82. Pronk, N.P. Addressing the impact of the obesity epidemic on the U.S. health care system. Shaping the Future: *Strategies to Addressing Obesity*, Minnesota SOPHE Conference, Minneapolis, MN August, 2004.
83. Pronk, N.P. Why Invest in Prevention? A Focus on Health is a Wise Business Strategy. Rochester Area Chamber of Commerce, Rochester, MN, October, 2004.
84. Pronk, N.P. Why Invest in Prevention? A Focus on Health is a Wise Business Strategy. Simpósio de Prevenção – Resultados e Benefícios (Prevention Event), Care Plus, São Paulo, Brazil, October, 2004.
85. Pronk, N.P. Practical application of systematic reviews and evidence-based recommendations in physical activity and obesity for worksite settings. ACSM's Health & Fitness Summit, Las Vegas, NV, March, 2005.
86. Pronk, N.P. Moving from Evidence-Based Recommendations to Practice-Based Realities: Addressing Obesity in the Care Setting. HMO Research Network Annual Meeting, Santa Fé, NM, April, 2005.
87. Pronk, N.P. Evidence-based solutions applied to practice: Addressing obesity in worksites. Midwest Business Group on Health Learning Network Meeting. Chicago, IL, May, 2005.
88. Pronk, N.P. Innovations in translation between health behavior research and practice: Approach, process, and results. American College of Sports Medicine 52<sup>nd</sup> Annual Conference Keynote Address, Nashville, TN, June 2005.
89. Pronk, N.P. Physical activity and productivity. American College of Sports Medicine 52<sup>nd</sup> Annual Conference Symposium, Nashville, TN, June 2005.
90. Pronk, N.P. Addressing obesity in health systems: Evidence-based solutions. Institute 2005, AHIP's Annual Meeting. Las Vegas, NV, June 2005.
91. Pronk, N.P. Addressing physical activity and nutrition at the worksite. International Society on Behavioral Nutrition and Physical Activity (ISBNPA), Annual Conference, Amsterdam, The Netherlands, June 16-17, 2005.
92. Pronk, N.P. Cost-effectiveness of worksite interventions to promote healthy diets and physical activity. International Society on Behavioral Nutrition and Physical Activity (ISBNPA), Annual Conference, Amsterdam, The Netherlands, June 16-17, 2005.
93. Pronk, N.P. Value of Wellness: Improving Health, Addressing Costs. Canadian Institute of Actuaries (CIA) Annual Meeting, St. John's Newfoundland, Canada, June 28-29, 2005.
94. Pronk, N.P. Obesity and its impact on workplace performance. SEAK National Worker's Compensation and Occupational Medicine Conference. Hyannis, Cape Cod, MA, July 19-21, 2005.
95. Pronk, N.P. Connecting health risk assessment and participation through incentives to drive outcomes in changing health behaviors. World Research Group: Rewarding Healthy Behaviors for Health Plans. Boston, MA, July 27-28, 2005.
96. Pronk, N.P. Economic Evidence of Health Promotion and Disease Prevention – Show Me The Money. Fairview Southdale Hospital, Minneapolis, MN, October 4, 2005.
97. Pronk, N.P. Addressing obesity in health systems: Evidence-based solutions. Presentation to AHIP's Medical Leadership Forum. Chicago, IL, October 20, 2005.
98. Pronk, N.P. Obesity and Productivity. Presentation for the Institute on the Costs and Health Effects of Obesity from the National Business Group on Health. Washington, DC, October 26, 2005.
99. Pronk, N.P. Connecting health risk assessment and participation through incentives to drive outcomes in changing health behaviors. World Research Group: Rewarding Healthy Behaviors for Health Plans. San Francisco, January 24-26, 2006.



100. Pronk, N.P. Evidence-based health promotion: Translating what we know into what we do (and showing that it works). Minnesota Board on Aging/Minnesota Dept. of Human Services Workshop. January 28, 2006
101. Pronk, N.P. Evaluation in the applied worksite setting. ACSM Deskside Learning Webinar. January 26, 2006
102. Pronk, N.P. Quantifying disease management for diabetes care. World Research Group. Phoenix, AZ, February 2-3, 2006.
103. Pronk, N.P. Wellness: Where we Live, Work and Learn. Healthy America Meeting. Winter Conference of the National Governors Association, Washington, DC, February 26, 2006.
104. Pronk, N.P. Addressing obesity in health systems: Evidence-based solutions. National Managed Health Care Congress (NMHCC), Washington DC, April 24, 2006.
105. Pronk, N.P. Optimizing Practice through Research. Research Symposium at the ACSM Annual Meeting, Denver, CO, May/June 2006.
106. Pronk, N.P. Addressing obesity on health systems. World congress Leadership Summit. Washington, DC. June, 2006.
107. Pronk, N.P. Addressing obesity at the worksite—Promising practices. NBGH Leadership Summit. Washington DC, June 2006.
108. Hymel, P., Pronk, N.P., Yaktine, A., & Darling, H. Improving Health: An Employer's Toolkit. NBGH Webinar. June 19 and 23, 2006
109. Pronk, N.P. Addressing obesity at the worksite. HERO conference, Chicago, 2006
110. Pronk, N.P. Ancillary interventions for risk factor control. 28<sup>th</sup> Annual Cardiovascular Risk Factor Conference, Institute for Medical Education, Saint Paul, MN, December 2006.
111. Pronk, N.P. Health: Aligning people, business, and environment. Buffalo County Community Partners, Kearney, NE, January 2007.
112. Pronk, N.P. Health as a business imperative: How prevention saves and disease costs. Buffalo County Community Partners, Kearney, NE, January 2007.
113. Pronk, N.P. Comprehensive worksite health promotion programs that reduce health risks and costs. Achieving Return on Investment for Wellness, World Research Group, Orlando, FL, January 2007.
114. Pronk, N.P. Population Health Management Using Integrated Benefit Design Solutions to Support Worksite Health Promotion Objectives. ACSM's Health and Fitness Summit, Dallas, TX, March 2007.
115. Pronk, N.P. Health is what we do! Keynote presentation at the HealthPartners Annual Meeting. Saint Paul, MN, April, 2007.
116. Pronk, N.P. ROI of a Worksite Health Promotion Program. Research Symposium at the ACSM Annual Meeting, New Orleans, LO, May/June 2007.
117. Pronk, N.P. Integration of worksite health promotion into health benefit design: concept description and case study. World Congress, Atlanta, GA, July 2007.
118. Pronk, N.P. Population health management. University of Pittsburgh Medical Center Health Plan (UPMC). Pittsburgh, PA July 2007.
119. Pronk, N.P. Translating community guide recommendations into practical solutions. CDC Cancer Conference. Atlanta, GA, August, 2007.
120. Pronk, N.P. Measuring health outcomes: From concept to reality. In: Workshop: Practical Approaches to Evaluation: Promoting and Protecting the Health of the Workforce while Addressing Business Needs. NIOSH/CDC WorkLife 2007 National Symposium, Bethesda, MD, September, 2007.

121. Pronk, N.P. Addressing obesity at the workplace. NIOSH/CDC WorkLife 2007 National Symposium, Bethesda, MD, September, 2007.
122. Pronk, N.P. and Marr, T. Addressing obesity: A health plan perspective. National Institutes of Health, NIDDK Clinical Obesity Research Panel, Bethesda, MD, September, 2007.
123. Pronk, N.P. EHM: What Really Works? Health Impact of EHM Programs. HERO Forum for Employee Health Management Solutions. October, 2007, New Orleans, LA
124. Pronk, N.P. Culture of Wellness Summit. Keynote presentation. University of Illinois at Urbana/Champaign, IL, October, 2007.
125. Pronk, N.P. Employee health management: Who's responsibility is it? Midwest Worksite Health Promotion Conference, Saint Paul, MN October, 2007.
126. Pronk, N.P., Marr, T. J. Addressing Obesity: A Health Plan Perspective. Presentation to the NIH CORP, Washington, D.C., September, 2007.
127. Pronk, N.P. Practice and Research Connected: A Process Model to Optimize ROI. The Art of Health Promotion Conference, San Diego, March, 2008.
128. Pronk, N.P. Financial Impact of Obesity. Obesity Solutions Forum. HealthPartners Specialty Care. Bloomington, MN, May, 2008.
129. Pronk, N.P. HealthPartners Solutions. Obesity Solutions Forum. HealthPartners Specialty Care. Bloomington, MN, May, 2008.
130. Pronk, N.P. Adult obesity prevention and treatment. Academy Health Annual Research Meeting. Washington, DC, June 2008.
131. Pronk, N.P. Program Design to Achieve Financial Outcome. ROI for Wellness Conference, Washington, D.C., July, 2008.
132. Pronk, N.P. Getting to ROI: From Process to Outcome. Wellness Works: Cutting Health Care Costs. Carver County Public Health. Minnesota Landscape Arboretum, Chanhassen, MN, September, 2008
133. Pronk, N.P. Changing Behavior: Individuals, Settings, and Environment. Park Dental Annual Seminar. Minneapolis, Minnesota, September, 2008.
134. Pronk, N.P. Health Impact of EHM Programs—Panel Member. HERO Forum for Employee Health Management Solutions. New Orleans, LA, September, 2008.
135. Pronk, N.P. & Gallagher, J. Approaches to Estimating ROI. Midwest Conference on Worksite Health Promotion. Saint Paul, MN, November, 2008.
136. Pronk, N.P. Health Promotion and Disease Prevention for Seniors: Opportunity and Approach. WRG Chronic Care Keynote San Diego, November, 2008.
137. Pronk, N.P. Benefits-Integrated Incentives Drive Improvements in Health, Productivity, and Generate Positive ROI. 4<sup>th</sup> Health and Human Capital Congress, February, 2009, Washington, DC.
138. Pronk, N.P. Demonstrating Cost Savings and Sustainable Value in Health and Wellness. Global Media Dynamics, February, Phoenix, AZ, February, 2009
139. Pronk, N.P. Proven Success Strategies for Integrating Health Promotion into Your Organizational Culture. Global Media Dynamics, February, Phoenix, AZ, February, 2009
140. Pronk, N.P. Strengthening integrated prevention in health systems: An introduction to the Guide on Community Preventive Services and the Task Force on Community Preventive Services. WHO Non-Communicable Disease Training Workshop, Helsinki, Finland, March, 2009. 
141. Pronk, N.P. Systematic support for health promotion implementation: The case of the worksite. WHO Non-Communicable Disease Training Workshop, Helsinki, Finland, March, 2009. 

142. Pronk, N.P. ACSM's Worksite Health Handbook, 2nd Edition: A Guide to Building Healthy and Productive Companies. ACSM's Health & Fitness Summit, Atlanta, GA, March, 2009.
143. Pronk, N.P. Improving health through behavior change: A case study. Best Practices In Health Care Consumer Empowerment and Protection. URAC Conference and Banquet, Orlando, Florida, April 1-2, 2009. (Recipient of the URAC Platinum Award in Consumer Decision-Making).
144. Pronk, N.P. An experience analysis of an employer-health plan partnership for health improvement and cost reduction. Society of Behavioral Medicine, April, 2009, Montreal, Canada.
145. Pronk, N.P., Gallagher, J., Kottke, T., Lowry, M., & Katz, A. Optimal lifestyle adherence and 2-year incidence of chronic conditions. A Celebration of Research 2009! HealthPartners Research Foundation, Bloomington, MN May, 2009
146. Pronk, N.P. & van Mechelen, W. Physical Activity Promotion at the Worksite: What Matters? ACSM's Annual Scientific Meeting, Seattle, WA, May, 2009
147. Pronk, N.P. The economics of disease prevention. AHIP Forum, San Diego, CA, June, 2009.
148. Pronk, N.P. Symposium Respondent for Mental Health Section at the Carter Center's Medical Home Summit. Carter Center, Atlanta, GA, July, 2009.
149. Pronk, N.P. Improving Health at the Worksite. Brokers CEU Event, Bloomington, MN, August, 2009.
150. Pronk, N.P. Living Healthy, Wealthy, and Wise...The "Simple Rules" of Preserving Health. Blackbox CME Event, Minneapolis, MN, August, 2009.
151. Pronk, N.P. and Fabius, R. Optimal lifestyle adherence: 2-Year incidence of chronic conditions. Disease Management Association of America (DMAA), San Diego, September, 2009.
152. Pronk, N.P. et al. Congressional Briefing on the integration of primary care, mental health, and health promotion/disease prevention in the medical home. Capitol Hill, Washington DC, September, 2009
153. Pronk, N.P. Health improvement and ROI-Featured Case Study. World Congress on Consumer Engagement. Alexandria, VA, October, 2009.
154. Pronk, N.P. Health and Sustainability. Andersen Windows Annual Leadership Series. Stillwater, MN, October, 2009.
155. Pronk, N.P. Simple Health Behaviors and their Impact on Business: Health, Cost, and Productivity. Occupational Health Seminar, University of Minnesota, October, 2009.
156. Pronk, N.P. Health as a Strategic Business Priority. Seminar at the Harvard School of Public Health, Center for Health, Work and Wellbeing. October, 2009.
157. Katz, A. & Pronk, N.P. Optimal lifestyle adherence and emotional health. APA and NIOSH Work and Stress Conference, Puerto Rico, November, 2009.
158. Pronk, N.P. Comparative Effectiveness and Prevention. Rosalyn Carter's 25<sup>th</sup> Mental Health Summit, Carter Center, Atlanta, GA, November, 2009.
159. Pronk, N.P. Community Health Action. St. Croix County, WI, Community health plan strategy for 2009-2014. Hudson, WI, February, 2010.
160. Pronk, N.P. Physical activity as a strategic business priority: Implications for leadership, workforce, and policy. Southeast Chapter of the American College of Sports Medicine (SEACSM). Greenville, SC, February, 2010

161. Pronk, N.P. Community Health Case Studies. St. Croix County, WI, Community health plan strategy workshops. Hudson, WI, March, 2010.
162. Pronk, N.P. Worksite health promotion program design: Focus on what matters. Pre-conference workshop. American Psychological Association, Psychologically Healthy Workplace Conference, Washington, DC, March, 2010.
163. Pronk, N.P. Panel on the Future of the HMO Research Network. HMORN Annual Meeting, Austin, TX, March, 2010
164. Pronk, N.P. Emerging Trends: Making the business case for Worksite Health Promotion. IAWHP Annual Meeting, Austin, TX, April, 2010.
165. Pronk, N.P. Optimal Lifestyle Adherence and Health and Cost Impact: The Power of Simplicity. Global Media Dynamics, 2<sup>nd</sup> Annual Wellness Rewards Congress, Orlando, FL, 2010.
166. Pronk, N.P. Associations between physicians' knowledge of physical activity guidelines and their physical activity counseling practices in primary care settings. Exercise is Medicine World congress. Annual ACSM Conference, Baltimore, MD, June, 2010.
167. Pronk, N.P. Exercise is Medicine: The preventive power of exercise interventions at work. Exercise is Medicine World congress. Annual ACSM Conference, Baltimore, MD, June, 2010.
168. Pronk, N.P. Evidence-informed physical activity promotion at the worksite: Practical design principles and a global resources network. Exercise is Medicine World congress. Annual ACSM Conference, Baltimore, MD, June, 2010.
169. Pronk, N.P. Combating the obesity pandemic: Preventing undesirable gradual weight gain in adults. Annual Conference of the International Society of Behavioral Nutrition and Physical Activity. Minneapolis, MN, June, 2010.
170. Pronk, N.P. Relationship of 4 simple behaviors to disease incidence, emotional health, health care costs, and workplace productivity. Regions Hospital Grand Rounds, Saint Paul, MN, June, 2010.
171. Pronk, N.P. Employee Health Management Research in the Workplace – Where are we now – Where do we need to go? Panel presentation at the 2010 HERO Forum for Employee Health Management Solutions. Orlando, FL, September, 2010.
172. Pronk, N.P. Keynote Presentation: Effectiveness of Worksite Wellness Programs. 10<sup>th</sup> Brazilian Quality of Life Conference. São Paulo, Brazil, October, 2010.
173. Pronk, N.P. Getting a Return on Your Investment in Worksite Wellness. University of Minnesota Working Well Research Project Event. Chanhassen, MN October, 2010.
174. Pronk, N.P. Building Confidence through Measurement: ROI Follows Health and Productivity. Building a Healthier Workforce and a Healthier Iowa Conference, Des Moines, IA, November, 2010.
175. Pronk, N.P. Healthy Should Be Simple: an Optimal Lifestyle Metric. Relationship of 4 Simple Behaviors on Disease Incidence, Emotional Health, Health Care Costs, and Workplace Productivity. 6<sup>th</sup> Annual Employer Health & Human Capital Congress, Washington DC, February 2011.
176. Pronk, N.P. What works in worksite health promotion: Findings and recommendations from the Task Force on Community Preventive Services. WHO Prevention of Noncommunicable Diseases Seminar. Finland Ministry of Health and Welfare, Helsinki, Finland, March 14-18, 2011. 
177. Pronk, N.P. Connecting Worksite Health and Public Health. Metro Health Educator Meeting, Saint Paul, MN, March 29, 2011.

178. Pronk, N.P. Introduction to the Executive Summit. International Association for Worksite Health Promotion (IAWHP) Annual Meeting, Anaheim, CA, April 13, 2011.
179. Pronk, N.P. and Baum, B. Question that Matter—Our Own Role in Creating and Sustaining a Healthy Culture at Work and in Our Communities. International Association for Worksite Health Promotion (IAWHP) Annual Meeting, Anaheim, CA, April 13, 2011.
180. Pronk, N.P. Preventing Diabetes at the Worksite. ACSM's Health & fitness Summit. Anaheim, CA, April 13-16, 2011.
181. Pronk, N.P. Physical Activity and Health Promotion through Health Systems. Annual ACSM Conference and Exercise is Medicine World Congress, Denver, CO, June, 2011.
182. Pronk NP. Making Worksite Wellness Work. American Cancer Society Impact Conference, Minneapolis, MN June, 2011.
183. Pronk, N.P. Moderator; Keys to Engagement Panel. HERO Forum, Phoenix, AZ, September, 2011.
184. Pronk, N.P. The Occupational Athlete: Protecting and promoting health in the workplace improves worker performance, optimizes productivity, and reduces health care costs. Your Worker as an Occupational Athlete Symposium, Workforce Productivity Solutions, HealthPartners, Bloomington, MN, September 2011.
185. Pronk, N.P. Connecting Worksite with Clinic for Health Outcomes. Strategies in Primary Care Medicine, Minneapolis, MN, September, 2011.
186. Pronk, N.P. Overview of corporate health and well-being services. Seminar for Norwegian delegates at the HealthPartners Occupational Medicine Clinic, Saint Paul, MN, October, 2011.
187. Pronk, N.P. What works in worksite health promotion? Faculty and student seminar. University of North Dakota, Grand Forks, ND, October, 2011.
188. Pronk, N.P. Evidence-based worksite health. Student seminar at the Harvard School of Public Health, Dept. of Society, Human Development, and Health. Boston, MA, November, 2011.
189. Pronk, N.P. Addressing physical inactivity at the workplace: Issues and solutions. American Heart Association Regional Meeting, Bloomington, MN, November, 2011.
190. Pronk, N.P. Making worksite health promotion work. HealthPartners Occupational Medicine Ground Rounds, Saint Paul, MN, November, 2011.
191. Pronk, N.P. Evidence-Based Worksite Health. World Congress, 8<sup>th</sup> Annual Executive Forum on Rewarding Healthy Behaviors. San Diego, California, January, 2012.
192. Pronk, N.P. Simple moves to change the game. HealthPartners Employer Symposium, Minneapolis, MN, March, 2012.
193. Pronk, N.P. Connecting clinic with worksite: Extending reach, improving health. HealthPartners Institute of Medical Education; Family Medicine Today Conference, Minneapolis, MN, March 2012.
194. Pronk, N.P. Why and how: changing the way we think about generating health among individuals and populations. Alliance of Community Health Plans Annual Meeting of the Boards, March, 2012.
195. Pronk, N.P., van Mechelen W. A pain in the rear: Addressing back, neck, and shoulder pain on the workplace. ACSM's Health & Fitness Summit, Las Vegas, NV, March, 2012.
196. Pronk, N.P. Determinants of health and health care: considerations and relationships. HealthPartners/Regions Hospital Advocacy and Ethics Day, Capitol Building, Saint Paul, MN, April, 2012.

197. Pronk, N.P. Context and measurement considerations for worksite health promotion. St. Thomas University, Saint Paul, MN, April, 2012.
198. Pronk, N.P. Is *Exercise is Medicine* (EIM) good business? Annual ACSM Conference and Exercise is Medicine World Congress, San Francisco, May, 2012.
199. Pronk, N.P. Reducing Prolonged Sitting Time in the Office with Sit-to-Stand Workstations: Impact on Health and Productivity. Marconi Conference, Holland, MI, June, 2012.
200. Pronk, N.P. Reducing Prolonged Sitting Time in the Office with Sit-to-Stand Workstations: Impact on Health and Productivity. 2<sup>nd</sup> Annual JustStand Wellness Summit, Ergotron, Saint Paul, MN July, 2012.
201. Pronk NP. PowerUP for Health. Stillwater, MN, August, 2012.
202. Pronk NP. PowerUP for Health. Sommerset WI, August, 2012.
203. Pronk, NP. Gaming, social media, and other technologies. KP Total Health Behavior Change Summit Advisory Committee Meeting, Oakland, CA, September, 2012.
204. Pronk NP. Protecting and promoting health at the worksite: An evidence-informed approach. Central States Occupational and Environmental Medicine Conference, Bloomington, MN, September, 2012.
205. Pronk NP. Promoting health at the workplace. Harvard School of Public Health: Executive and Continuing Professional Education. Harvard University, Boston, MA, September, 2012.
206. Pronk NP. Connecting practice and research: A model for translation. Harvard School of Public Health: Executive and Continuing Professional Education. Harvard University, Boston, MA, September, 2012.
207. Pronk NP. Essential elements of effective workplace programs. Harvard School of Public Health: Executive and Continuing Professional Education. Harvard University, Boston, MA, September, 2012.
208. Pronk NP. Putting guidelines into practice I: The Take-a-Stand Project. Harvard School of Public Health: Executive and Continuing Professional Education. Harvard University, Boston, MA, September, 2012.
209. Pronk NP. Research Update: Reducing prolonged sitting time in the workplace. HERO Forum, Minneapolis, MN, October, 2012.
210. Pronk NP. Integrated worker health programs, outcomes, and return on investment. Total Worker Health Symposium – From Research to Practice. Coralville, IA, November, 2012.
211. Lawrence R, White C, Teutsch S, Pronk NP. Public Briefing on “*An Integrated Framework for Assessing the Value of Community-Based Prevention.*” IOM (Institute of Medicine; National Academies of Sciences), Washington, DC, December, 2012.
212. Pronk NP. Protecting and promoting health at the worksite is good business. The New Age of Health Care Conference. JA Counter, New Richmond, WI, January, 2013.
213. Pronk NP. Resiliency in the workplace: The resilient employer. HealthPartners Employer Symposium, 2013. Minneapolis, MN, March, 2013.
214. Pronk NP. Building a business case for worksite health promotion. IAWHP Global Symposium, Las Vegas, NV, March 2013
215. Pronk NP, Estey C. Trends and opportunities in worksite health promotion. ACSM’s Health & Fitness summit. Las Vegas, NV, March 2013.
216. Pronk NP. Behavior, health, and work performance: A simple metric. C3 Collaborating for Health Breakfast Seminar. London, United Kingdom. April, 2013.

217. Pronk NP. Good health is good business: Perspectives on ROI estimation for workplace health and well-being programs. Global Healthy Workplace Health Awards & Summit. London, United Kingdom. April, 2013.
218. Pronk NP. The value of health: Perspectives on productivity, cost, and the value proposition for workplace health and well-being programs. Gallagher Benefits Services Productivity and Cost Containment Seminar. Minneapolis, MN. April 2013.
219. Pronk NP. Healthy Community = Healthy Company: Perspectives on the Value of Connecting Workplace and Community Health Initiative. Community Health Charities Seminar. May, 2013.
220. Pronk NP. Optimal lifestyle behaviors and employee productivity. The 10<sup>th</sup> International Conference on Occupational Stress and Health. Los Angeles, CA, May 2013.
221. Pronk NP. Well-being and life satisfaction. Associations observed in an employed population. The 10<sup>th</sup> International Conference on Occupational Stress and Health. Los Angeles, CA, May 2013.
222. McLellan D, Dennerlein J, Sorensen G, Pronk NP. From the field: Developing integrated measurement tools. The 10<sup>th</sup> International Conference on Occupational Stress and Health. Los Angeles, CA, May 2013.
223. Pronk NP. Sit-Stand presentation. International Society of Behavioral Nutrition and Physical Activity (ISBNPA). Ghent, Belgium, May 2013.
224. Pronk, N.P. Cost effectiveness: Comparing exercise to pills and procedures. Annual ACSM Conference and Exercise is Medicine World Congress, Indianapolis, IN, May, 2013.
225. Pronk, N.P. Move more, sit less: Worksite-based perspectives. Annual ACSM Conference and Exercise is Medicine World Congress, Indianapolis, IN, May, 2013.
226. Pronk, N.P. Cardiorespiratory fitness as a primary risk factor: Implications, opportunities, and challenges within managed care. Annual ACSM Conference and Exercise is Medicine World Congress, Indianapolis, IN, May, 2013.
227. Pronk, N.P. Addressing sedentary behavior at the worksite. American Cancer Society Corporate Impact Conference, Denver, CO, June, 2013.
228. Pronk, N.P. Making the business case for healthy lifestyle behaviors to prevent non-communicable diseases. C3 Collaborating for Health expert roundtable. New York Academy of Medicine, New York, NY, June, 2013.
229. Pronk, N.P. The value of health. ISD 728 - Elk River School District. Annual Faculty and Staff meeting. Presentation. Rogers, MN, August, 2013.
230. Pronk, N.P. The value of health: Perspectives on the rationale and value proposition for workplace health and well-being programs. HealthLead Forum, Minneapolis, MN, September, 2013.
231. Pronk, N.P. Increasing engagement through organizational-level influence. University Summit for Faculty and Staff Health & Wellness. Pre-conference to the HERO Forum. Orlando, FL, September, 2013
232. Pronk, N.P., Baase, C., Orme, H. Creating the business case for employee health management. Opening Panel to the HERO Forum, 2013. Orlando, FL, September, 2013.
233. Pronk, N.P., Geiger, L., Walsh, A. Innovations to build a culture of health and performance. National Business Group on Health, Institute on Health Productivity, and Human Capital. 27<sup>th</sup> National Conference on Health, Productivity, and Human Capital. Washington, D.C., September, 2013.
234. Pronk, N.P. Biomarkers as indicators of health. Institute of Medicine; Food Forum Workshop. Washington, D.C., October, 2013.

235. Pronk, N.P. The Value of Worksite Health and Wellness: Context, Perspectives, and Contemporary Viewpoints. Presentation to the University of Wisconsin – Madison, Health and Wellness management Program External Advisory Board. Madison, WI, October, 2013.
236. Pronk, N.P. Getting to value: The role of workplace health and well-being programs in corporate success. Society of Human Resources Managers – Minnesota. Duluth, MN, October, 2013.
237. Pronk, N.P. The value of health. Perspectives on productivity, cost, and the value proposition for workplace health and well-being programs. Human Resources Executive Forum, Minneapolis, MN, October, 2013.
238. Pronk, N.P. The wellness factor: How providers, payors, and corporations are pushing patient responsibility. Panel presentation at the University of St. Thomas Executive Conference on the Future of Health Care. University of St. Thomas, Minneapolis, MN, November, 2013.
239. Pronk, N.P. Evidence-based worksite health promotion: Key features for successful programs. Ministry of Health Conference, Shefayim, Israel, November, 2013.
240. Pronk, N.P. Health promoting technology in the workplace. Ministry of Health Conference, Shefayim, Israel, November, 2013.
241. Pronk, N.P., Pronk, S,J. The WHO Healthy Workplace model: From strategy to action. Workshop for the Ministry of Health, Israel. Jerusalem, Israel, November, 2013.
242. Pronk, N.P. Prioritizing obesity solutions at the workplace. Panel presentation at the IOM Roundtable for Obesity Solutions Workshop, National Academies of Science, Washington, DC, January, 2014.
243. Pronk, N.P. Employee health management. Panel discussion at the Clinton Foundation Health Matters Conference, Palm Springs, CA, January 2014.
244. Pronk, N.P. Integration of worker health protection and promotion: A review of the literature on health and economic outcomes. Marconi Conference, Austin, TX, January, 2014.
245. Pronk, N.P., Baase, C. Employer-Community Collaboration Initiative: Update to the HERO Think Tank. Dallas, TX, February, 2014.
246. Pronk, N.P. Best practices as building blocks of best programs. IAWHP Webinar, March, 2014.
247. Pronk, N.P. The value of worksite health. IAWHP Executive Summit, Atlanta, GA, April, 2014.
248. Pronk, N.P. Reactor to presentation of the Total Worker Health™: Promising and Best Practices in the Integration of Occupational Safety and Health Protection with health Promotion in the Workplace—A workshop meeting at the Institute of Medicine. Washington, DC, May, 2014.
249. Pronk, N.P. Addressing Prolonged Sitting Time at Work: Connecting Practice and Research. Faculty and Staff Scientific Lecture. Oregon Institute of Occupational Health Science at the Oregon Health Sciences University, Portland, OR, June, 2014.
250. Pronk, N.P. Sit Less, Move Often, Move More: *Addressing Prolonged Sitting Time at Work as Part of a Total Worker Health Agenda*. Symposium on Sedentary, Stationary and Physically Demanding Work. Hosted by the Oregon Institute of Occupational Health Science, Portland, OR, June, 2014.



251. Pronk, N.P. Engaging business and industry in population health efforts. Institute of Medicine Population Health Improvement Roundtable. Business Engagement and Population Health Workshop. New York City, New York, July, 2014.
252. Pronk, N.P. Planning the future of physical activity surveillance for public health: Worksite Setting. CDC/ACSM Roundtable. Atlanta, Georgia, August, 2014.
253. Pronk, N.P. Sit-stand workstations to address prolonged sitting time: A total worker health approach. Occupational Medicine Residency program, HealthPartners St. Paul Clinic, Saint Paul, MN, August, 2014.
254. IOM Roundtable on Obesity Solutions. Workshop on cross-sector work on obesity prevention, treatment, and weight maintenance: Models for change. Introduction to the workshop. Washington, DC, September 30, 2014.
255. Pronk NP, Noyce J. Healthy Workplaces – Healthy Communities. HERO Forum, San Diego, CA, October 1, 2014.
256. Pronk NP. Putting guidelines into practice: Integrating a health promotion vendor’s product in small-to-medium sized businesses. NIOSH TWH Symposium, Bethesda, MD, October, 2014.
257. Pronk NP, McLellan D, McGrail M, Olson S. Practical tools for assessing and reporting Total Worker Health. NIOSH TWH Symposium, Bethesda, MD, October, 2014.
258. Pronk NP. TWH panel discussion on education and professional preparation. NIOSH TWH Symposium, Bethesda, MD, October, 2014.
259. Pronk, N.P. Putting the National Physical Activity Plan into Action: Business & Industry Sector. Webinar. October, 2014.
260. Pronk, N.P. Context matters: Exploring the unexplained variation in health and well-being. Texas A&M University, Department of health and Kinesiology, Graduate Seminar. November, 2014.
261. Pronk NP, Baase C. Engaging business and industry in population health efforts. Vitality Institute Webinar, December 2, 2014.
262. Pronk NP, Noyce J. Healthy Workplaces – Healthy Communities. Population Health Alliance, Phoenix, AZ, December 15, 2014.
263. Pronk NP. Addressing obesity at the workplace. George Washington University Milken School of Public Health Lecture. Washington, DC. January, 2015.
264. Pronk NP, Noyce J. Healthy Workplaces – Healthy Communities. HERO Think Tank, Phoenix, AZ, February, 2015.
265. Pronk NP. Introduction of the National Physical Activity Plan, Business and Industry Sector. NPAP Congress. Washington, DC, February, 20-15.
266. Pronk, NP. Culture matters: Improving workforce health, safety, function, and performance. Hanford Health & Productivity Symposium. Pasco, WA, March, 2015.
267. Pronk NP. Engaging members and driving improvement in population health: A panel discussion. World Health Care Congress. Washington, DC. March, 2015.
268. Pronk NP. Design matters: Well-designed programs can improve health as well as save money. IAWHP Pre-conference at the ACSM’s Health & Fitness Summit. Phoenix, March, 2015.
269. Pronk NP. Physical activity promotion at the workplace: Design matters. “Physical Activity: Moving Toward Obesity Solutions” workshop, Institute of Medicine, Washington, DC, April 2015.
270. Pronk NP. Session Chair on the Value of Investing in a Healthy Workplace and Workforce; Dr. Ray Fabius from HealthNEXT and Ms. Susana Peñarrubia Fraguas from

- Deutsche Bank AG. Global Healthy Workplace Awards and Summit. Florianopolis, Santa Catarina, Brazil. May, 2015.
271. Pronk NP. Exercise is Medicine at the Workplace. Tutorial Lecture at the Annual Meeting of the ACSM 2015 World Congress on Exercise is Medicine, San Diego, May, 2015.
  272. Pronk NP. Nudging workplaces toward physical activity. Symposium on Behavioral Economics and Physical Activity (CDC Session): Moving Passion to Practice: Nudging Workplaces toward Physical Activity. Presented at the Annual Meeting of the ACSM 2015, San Diego, May, 2015.
  273. National Public Radio (NPR) interview on “All Things Considered.” When are employee wellness incentives no longer voluntary? (Yuki Noguchi). May29, 2015.  
<http://www.npr.org/sections/health-shots/2015/05/29/410334545/when-are-employee-wellness-incentives-no-longer-voluntary>
  274. The value of workplace health. Lecture at the University of Minnesota Public Health Institute, Integrating worker health protection and promotion course. Minneapolis, MN, June 2015.
  275. Pronk NP. From research to roadmap: Frameworks to connect knowing and doing. Data gathering workshop for the Committee on Evaluating Approaches to assessing Prevalence and Trends in Obesity. IOM, Washington, DC, July, 2015.
  276. Pronk NP, Baase C. Employer-Community Committee Update to HERO Think Tank. Chicago, IL, September, 2015.
  277. Pronk NP, Noyce J, Moseley K. Healthy Workplaces, Healthy Communities. HERO Forum, Chicago, IL, September, 2015.
  278. Pronk NP. A systems approach to workplace integration of safety and health. HSPH Ergonomics Course. Harvard School of Public Health Executive Continuing Professional Education. Boston, MA, October, 2015.
  279. Pronk NP. Workplace wellness in flux: Making wellness work. Modern Healthcare Workplace of the Future Conference. Nashville, TN. October 14, 2015.
  280. Pronk NP. Sedentary behavior and worksite interventions. Lecture at the Sedentary Behavior and Health Conference. Champaign, IL. October 17, 2015
  281. Pronk NP. Optimal lifestyle: A simple metric for employee health, costs, and productivity. Webex with General Motors International Medical Team – Southeast Asia/Russia/Middle-East/Africa team. October 2015.
  282. Pronk NP, Haws J, Kottke, T. HealthPartners and Kaiser Permanente health initiatives dialogue and exchange meeting. Oakland, CA, November, 2015.
  283. Pronk NP. Healthy workplaces, Healthy communities: Leveraging health beyond the workplace. Las Vegas Ergonomics Expo; Ergotron. Las Vegas, NV. November, 2015.
  284. Pronk NP. Diabetes Prevention. IHI Minicourse on diabetes prevention. IHI Forum, Orlando, FL. December, 2015.
  285. Pronk NP. Employer outcomes of Total Worker Health® initiatives. National Institutes of Health Pathways to Prevention conference, Bethesda, MD. December 2015.
  286. Pronk NP. Functional movement and workplace health promotion. ESPN Wide World of Sports at Disney World; Orlando, FL, December, 2015. A joint presentation with the International Association for Worksite Health Promotion (IAWHP) and the American College of Sports Medicine (ACSM) to Disney executive leadership.
  287. Pronk NP. Introduction to the HealthLead Data Coordinating Center at HealthPartners Institute. HealthLead Forum, Atlanta, GA, January 2016.

288. Yach D, Pronk NP. Employee health as a proxy for good management. Webinar on “Reporting on Health: A Roadmap for Investors, Companies and Reporting Platforms.” Vitality Institute, February, 2016.
289. Pronk NP. The synergistic effects of business and community on health and well-being: Part I. Health Action Council Annual Conference, Columbus, OH, January 2016.
290. Pronk NP. The synergistic effects of business and community on health and well-being: Part II. Health Action Council Annual Conference, Cleveland, OH, February 2016.
291. Pronk NP. Corporate America and community well-being. Health Action Council Thought-Leadership Roundtable. Health Action Council Annual Conference, Cleveland, OH, February 2016.
292. Pronk NP, Ronneberg K. The Well@Work experience: 2003-2016. The American College of Preventive Medicine Annual Meeting, Washington DC, February 2016.
293. Pronk NP. Employer Perspectives panel facilitator. National Academy of Medicine: The Role of Nutrition in Outpatient Oncology Services Workshop. Washington DC, March 2016.
294. Pronk NP. Cross-Sector Solutions for Obesity Prevention and Treatment. National Academy of Medicine, Health and Medicine Division (NAM HMD), Food and Nutrition Board Update. Nutrition and Public Health Policy: Progress, Opportunities, and Challenges. Experimental Biology Conference, San Diego, CA, April 2016
295. Pronk NP. Evaluation Approaches. International Association for Worksite Health Promotion (IAWHP) pre-conference workshop. Orlando, FL, March 2016.
296. Pronk NP. YouPower. Employer Symposium, HealthPartners. St. Paul, MN, April, 2016.
297. Pronk NP. Building corporate cultures of health and safety: Creating synergy between business performance and community vitality. Occupational Health and Safety Conference, the University of Iowa, Cedar Rapids, IA, April, 2016.
298. Pronk NP. Building corporate cultures of health and safety: Creating synergy between business performance and community vitality. Carl V. Gisolfi Seminar, the University of Iowa, Iowa City, IA, April, 2016.
299. Pronk NP. Obesity and the workplace: Who owns the problem? Who is responsible for the solution? Invited lecture at Wageningen University. Studievereniging Voeding en Gezondheid. Wageningen, The Netherlands, June 2016.
300. Pronk NP. Worksite Health: Best practices overview. Presentation to the 3M Corporate Occupational Medicine Department. Saint Paul, MN. July, 2016.
301. Pronk NP. Connecting workplace with community: A new imperative for Business. Saint Paul Chamber of Commerce Leadership St. Paul Program. Saint Paul, MN, July 2016.
302. Pronk NP. Keynote lecture at the Work Disability and Prevention and Integration Conference, Amsterdam, The Netherlands. September, 2016.
303. Pronk NP. Clarkson Keynote Lecture at the Annual New England ACSM Conference, Providence, RI, October, 2016.
304. Pronk NP. Creating a culture of well-being. Keynote Lecture at the 32<sup>nd</sup> Rosalyn Carter Mental Health Symposium. Carter Center, Atlanta, GA, November, 2016.
305. Pronk NP. Design and measurement of health improvement programs: Practical tools, metrics, and models. Webinar for the VA Educational System, Veterans Health Administration, December, 2016.
306. Pronk NP. Case study methodology for Total Worker Health research. NIOSH Total Worker Health Methods meeting, Iowa City, IA, march 2017.

307. Pronk NP. Integration of worker health promotion and protection: Past, present, and future. Occupational Medicine Grand Rounds. HealthPartners Occupational Medicine, Saint Paul, MN. March, 2017.
308. Pronk NP. The role of organizational values in building a culture of health and well-being. Keynote at the Harvard Business School, Harvard Advanced Leadership Initiative. March, 2017.
309. Pronk NP. Design Matters: Well-designed programs can generate health as well as save money. International Association for Worksite Health Promotion Annual International Conference. San Diego, CA. April, 2017.
310. Pronk NP. Climate change and health. CleanMed Conference. Minneapolis, MN May, 2017.
311. Pronk NP, Katz A, McLellan D, Dennerlein J, Katz J. Associations between conditions of work and worker health and productivity indicators in small manufacturing companies. Work, Stress, and Health Conference. Minneapolis, MN, June, 2017.
312. Pronk NP. Secretary's Advisory Committee on National Health Promotion and Disease Prevention Objectives for 2030. Healthy People 2030 Development: An Informational Webinar. Coordinated by the American Public Health Association (APHA). June, 2017.
313. Pronk NP. Willem and the Workplace: A Perspective from the Land of 10,000 Lakes. Last Lecture event celebrating the career of Professor Dr. Willem van Mechelen at the Vrije Universiteit in Amsterdam, The Netherlands, September, 2017.
314. Pronk NP. The value proposition for health and well-being in the corporate setting. Seminar at the Lee Kum Sheung Center for Health and Happiness at the Harvard T.H. Chan School of Public Health. Boston, MA, September, 2017.
315. Pronk NP. Well-being as a clinical goal: Addressing how people evaluate their life. 31<sup>st</sup> Annual Primary Care Update. Terry C. Shackelford, MD, Memorial Lecture Keynote Speaker. Minneapolis, MN, November, 2017.
316. Pronk NP. Health and Well-Being: Addressing how people evaluate their life. Invited Seminar at the University of Pennsylvania, Leonard Davis Institute for Economic Policy. Philadelphia, PA, January 2018.
317. Pronk NP. The Pursuit of Health and Well-Being in the Organizational Setting. The Conference Board. Health Leadership Council. Jacksonville, FL, January 2018.
318. Pronk NP. The U.S. Healthy People Initiative and the measurement of health and well-being. 2018 Health Care Systems Research Network Annual Conference, Minneapolis, MN, April, 2018.
319. Pronk NP. Diabetes prevention, complexity science, and health and well-being. Keynote presentation at the *International Diabetes Center's* Annual Symposium for Advanced Diabetes Educators: Exploring the Many Facets of Diabetes Care. Minneapolis, MN April, 2018.
320. Pronk NP. Partnering in practice: Multi-level measurement in Total Worker Health. NIOSH 2<sup>nd</sup> International Symposium to Advance Total Worker Health. Washington DC, National Institute of Health, May 2018.
321. Pronk NP. The role of evidence-based policy for health and well-being: Total Worker Health related research in a broader context. NIOSH 2<sup>nd</sup> International Symposium to Advance Total Worker Health. Washington DC, National Institute of Health, May 2018.
322. Pronk NP. Context matters for physical activity promotion. Morris/Paffenbarger Exercise is Medicine Keynote Lecture. American College of Sports Medicine World Congress on Exercise is Medicine. Minneapolis, MN, May, 2018.

323. Pronk NP. Well-being as a clinical goal: Addressing how people evaluate their life. Diabetes Past and Present: Celebrating Advances in Diabetes Management. HealthPartners Institute; International Diabetes Center. Rising Stars Educational Program; Berlin, Germany, September 29, 2018.
324. Pronk NP. Connecting corporate health and well-being with community prosperity. Davis & Elkins College, Elkins, WV. November, 2018.
325. Pronk NP. In Pursuit of Health and Well-Being: Lifestyle Matters! Healthy Lifestyle Institute. University of Pittsburgh. Pittsburgh, PA, December, 2018.
326. Pronk NP. Dissemination and implementation of systems modeling: How can these methods be applied? How can these methods be interpreted and translated? Workshop to facilitate cancer systems epidemiology research. The John Edward Porter Neuroscience Research Center at the National Institutes of Health, Bethesda, MD. February 28-March 1, 2019.
327. Pronk NP. Funding my workplace research career: Lessons from the trenches. Senior Career. American Heart Association Workplace Health Research @ Epi Lifestyle Scientific Sessions 2019. Houston, TX. March 7, 2019.
328. Pronk NP. What workplace research do employers want? Panel Discussion. American Heart Association Workplace Health Research @ Epi Lifestyle Scientific Sessions 2019. Houston, TX. March 7, 2019.
329. Pronk NP. The use of data science in employee population health management: Researcher perspective. American Heart Association Workplace Health Research @ Epi Lifestyle Scientific Sessions 2019. Houston, TX. March 7, 2019.
330. Pronk NP. Data science in workplace health: Hype or health impact? Panel Discussion. American Heart Association Workplace Health Research @ Epi Lifestyle Scientific Sessions 2019. Houston, TX. March 7, 2019.
331. Pronk NP. Healthy people, healthy company. Keynote at the 2019 Purchaser Symposium for HealthPartners, St. Paul, MN. March, 2019.
332. Pronk NP. Promoting physical activity at the workplace. HERO Webinar, April, 2019.
333. Pronk NP. Healthy people, healthy company. Keynote at the 2019 Purchaser Symposium for HealthPartners, Des Moines, IA. April, 2019.
334. Pronk NP. Obesity at the workplace: How employers and occupational medicine physicians can make a difference. American Occupational Health Conference (AOHC) of the Association of Occupational and Environmental Medicine (ACOEM), Anaheim, CA, April, 2019.
335. Pronk NP. Healthy people, healthy company. Keynote at the 2019 Purchaser Symposium for HealthPartners, Sioux Falls, SD. May, 2019.
336. Pronk NP. Healthy people, healthy company. Keynote at the 2019 Purchaser Symposium for HealthPartners, Green Bay, WI. May, 2019.
337. Pronk NP. Developing Healthy People 2030. National Business Group on Health presentation. Washington, DC, May, 2019.
338. Pronk NP. Health equity considerations for the development of Leading Health Indicators for Healthy People 2030. National Academies of Science, Engineering, and Medicine (NASEM), Washington, DC, May 2019.
339. Pronk NP. The role of business and industry in improving population health and well-being. NIH Pathways to Prevention Workshop. Achieving health equity in preventive services. NIH Main Campus, Bethesda, MD. June, 2019.

340. Pronk NP. Developing Healthy People 2030. Vital Aging Network, Washington County Courthouse, Stillwater, MN. August, 2019.
341. Pronk NP. Building systems to connect learning, knowing, and doing at HealthPartners: The case of workplace well-being. Geiger Grand Rounds, HealthPartners St. Paul clinic, Saint Paul, MN. August, 2019.
342. Pronk NP. Food Insecurity as a Prime SDOH: *Exemplary public, private and inter-organizational collaborations in setting policy and reducing health disparities*. HERO Healthcare Summit at the 2019 HERO Forum, Portland OR. September, 2019.
343. Pronk NP, Kleinman D, Pittman M. Healthy People 2030 Objectives for the Nation: The Employer's Challenge and How Research Can Inform Practice. Keynote Panel at the 2019 HERO Forum, Portland OR. September, 2019.
344. Pronk NP. Health and Well-Being in the Workplace: The Search for Relevant Indicators. Global Alliance for healthy Workplaces. Melbourne, Australia, October 30, 2019.
345. Pronk NP. How well do healthy workplace programs work?—The evidence. Global Summit for Healthy Workplaces. Melbourne, Australia, October 31, 2019.
346. Pronk NP. Healthy People 2030: *The Role of Business in Building Health and Well-Being*. Webinar for the National Academy of Sciences, Engineering, and Medicine, Roundtable on Population Health Improvement. Action Collaborative on Business Engagement in Building Healthy Communities. March, 2020.  
<https://www.nationalacademies.org/event/03-19-2020/collaborative-webinar-healthy-people-2030-the-role-of-business-in-building-health-and-well-being>
347. Pronk NP. Healthy People 2030: *Context for Setting Goals in Sports Medicine and Science that Align with Building Health and Well-Being*. Webinar for the Joint Commission on Sports Medicine and Science. March, 2020.
348. Pronk NP. Shared Value in Community Partnerships: Measures that Matter to results-oriented stakeholders. HERO Think Tank Webinar. May, 2020.
349. Pronk NP. HERO Think Tank Facilitator. Using a hybrid of synchronous and asynchronous learning; facilitated dialogue on the future of worksite wellness in a time of COVID-19. May, 2020.
350. Pronk NP. A Healthy People data partnership learning collaborative. WE in the World webinar. June, 2020.
351. Pronk NP, Kottke T. Summary Measure of Health and Well-Being. HERO Forum 2020 Virtual Panel presentation and facilitation. September, 2020.
352. Pronk NP. Worksite Wellness Research Update. HERO Forum 2020 Virtual Panel presentation. September, 2020.
353. Pronk NP. Roundtable on Obesity Solutions at the National Academy of Medicine: Products and Services. Virtual Panel presentation with Dr. William Dietz, Dr. Ihuoma Eneli, Dr. Chris Economos, and Ms. Patty Neece at the 2020 Obesity Society *ObesityWeek2020* virtual conference. October, 2020.
354. Pronk NP. Beyond COVID-19 – a New Horizon for Workplace Health: A Global Alliance Vision for 2021. 5<sup>th</sup> Global Alliance for Healthy Workplaces Roundtable (virtual). November 2020.
355. Pronk NP. Systems science, data science, and computational analytics: Interpretation and translation. Precision Nutrition: Research Gaps and Opportunities Workshop at the National Institutes of Health (NIH). January 11 - 12, 2021.

356. Pronk NP. Healthy People 2030. Workshop Webinar for the National Academy of Sciences, Engineering, and Medicine, Roundtable on Population Health Improvement. Action Collaborative, April, 2021.
357. Pronk NP. Roundtable on Obesity Solutions at the National Academy of Medicine: Workshop presentation- Introduction to the obesity causal map. April 2021.
358. Pronk NP. Exploring working models of worksite health promotion, wellness, well-being and safety. IAWHP Human Capital Productivity. Remote Conference, May 2021.
359. Pronk NP. Making Healthy People 2030 Work: A Perspective on Partnership and Collaboration. Launch of the Alliance for Healthy Lifestyles and Healthy People. May 25, 2021. Remote Conference.
360. Pronk NP. (Chair to the Symposium). Introduction to the Symposium. Symposium at the ACSM 2021 Annual Conference (Remote). June 4, 2021.
361. Pronk NP. Stepping into the New Decade: Healthy People 2030 Directions for Physical Activity, Health, and Well-Being for the Nation. Symposium at the ACSM 2021 Annual Conference (Remote). June 4, 2021.
362. Paskach R, Pronk NP. The HealthPartners Institute's Knowledge Exchange. Occupational Medicine Grand Rounds, June 16, 2021.
363. Pronk NP. Roundtable on Obesity Solutions at the National Academy of Medicine: Workshop presentation- Introduction to the obesity causal map. June, 2021.
364. Pronk NP. The importance of well-being in public health and how well-being is integrated into Healthy People 2030. Harvard and Healthy People 2030: Assessing Health and Well-Being Webinar. Hosted by the Harvard Chan School of Public Health and the Department of Health and Human Services and presented by Paul Reed, MD (Ass't Sec'y of HHS), Howard Koh, MD (former Ass't Sec'y of HHS), Emmeline Ochiai, MPH (ODPHP), David Huang, PhD (NCHS, CDC, DHHS), and Nico Pronk, PhD (co-chair Adv Cmtee for HP2030). September 15, 2021.
365. Pronk NP. Health and Well-Being: Who's in Charge? You're in Charge! IESS Event, São Paulo, Brazil (virtual). November, 2021.
366. Pronk NP. Workforce health and well-being. Presentation and dialogue with the (Healthy, Interdisciplinary, and Productive) H.I.P. Worksite Initiative research team at Penn State University, PA. (virtual) February 28, 2022.
367. Pronk NP. World Obesity Day, 2022. Introduction to World Obesity Day in Brazil. (virtual). March 4, 2022.
368. Pronk NP. Total Worker Health: How far have we come? Where do we need to go? Israeli Ministry of Health Workplace Health Promotion Webinar. May 23, 2022.
369. Pronk NP. Aligning effort, creating flow. Presentation for the Minneapolis Chamber of Commerce. June 23, 2022.
370. Pronk NP. Connecting research and practice to support people-centered outcomes. National Alliance Health Innovator Incubator Program (HIIP). National Alliance of Healthcare Purchaser Coalitions. July 14, 2022.
371. Pronk NP. A dialogue on health worker burnout, resilience, purpose, and meaning. Presentation to the Medical Directors and Health Leadership Team, Regions Hospital. July 20, 2022.
372. Pronk NP, Paul Reed RADM (Ass't Sec'y of Health and Human Services), Dawn Hunter, Somava Saha. Healthy People 2030: Civic Engagement as a Social Determinant of Health. Webinar with the DHHS Healthy People 2030 initiative. August 24, 2022.

373. Pronk NP. Healthy People 2030: Implications for Population Health. Population Health Alliance (PHA) Annual Conference. Closing Keynote. October 2022.
374. Pronk, NP. Roundtable on Obesity Solutions: Where does Physical Activity Fit? Tutorial Lecture at the 2023 Annual ACSM Meeting, Denver, CO, May/June 2023.
375. Pronk NP. The journey after D&E. Exercise Science Classroom Conversation at Davis & Elkins College. October 14, 2023.
376. Pronk NP. Physical activity and brain health. HERO Think Tank Meeting. Nashville, TN, February 2024.
377. Pronk NP. Obesity and the American Workforce. Financial Times Global Workshop, New York, NY, February 2024.
378. Pronk NP. Scalable and sustainable approaches to equitable obesity prevention. National Collaborative for Childhood Obesity Research (NCCOR) web-based Conference on Obesity-Related Policy, Systems, and Environmental Research in the US (OPUS). June 4-5, 2024.
379. Pronk NP. Strategic Planning and Priority Setting for Obesity Solutions. Annual Partner Meeting of the National Collaborative for Childhood Obesity Research (NCCOR) Funding Agencies (NIH, CDC, DHHS, RWJF). July 9, 2024.
380. Pronk NP, Terry P, Grossmeier J. Panel discussion. Midwest Health Promotion Conference. Saint Paul, MN. September 2024.

## BIBLIOGRAPHY

### *Peer-reviewed scientific publications*

1. **Pronk**, N.P., Donnelly, J.E., Jacobsen, D.J., & Pronk, S.J. Accuracy of predicted oxygen consumption during treadmill walking with obese females. *Journal of Obesity and Weight Regulation*, 1989, 8 (2), 137-144.
2. **Pronk**, N.P. The soccer push-pass. *National Strength and Conditioning Association Journal*, 1991, 13 (2), 6-8 cont. 77-82.
3. Donnelly, J.E., **Pronk**, N.P., Jacobsen, D.J., Pronk, S.J., Jakicic, J.J. Effects of very-low-calorie diet and physical training regimens on body composition and resting metabolic rate in obese females. *American Journal of Clinical Nutrition*, 1991, 54, 56-61.
4. **Pronk**, N.P., Donnelly, J.E., & Pronk, S.J. Strength changes induced by extreme dieting and exercise in severely obese females. *Journal of the American College of Nutrition*, 1992, 11 (2), 152-158.
5. **Pronk**, N.P. Short-term effects of exercise on plasma lipids and lipoproteins in humans. *Sports Medicine*, 1993, 16 (6), 431-448.
6. Jacobsen, D.J. Crouse, S.F., Lowe, R.C., & **Pronk**, N.P. Hematological status of female basketball players. *Clinical Journal of Sports Medicine*, 1993, 3, 82-85.
7. **Pronk**, N.P., Jawad, A.F., Crouse, S.F., & Rohack, J.J. Acute effects of walking on mood profiles in women. Preliminary findings in postmenopausal women. *Medicine, Exercise Nutrition, and Health*, 1994, 3 (3), 148-155.
8. **Pronk**, N.P. & Wing, R.R. Physical activity and maintenance of long-term weight loss. *Obesity Research*, 1994, 2 (6), 587-599.
9. **Pronk**, N.P., Pronk, S.J. & Sisco, A.W. Accuracy of the palpation technique to assess exercise heart rate during aerobic bench stepping. *Journal of Strength and Conditioning Research*, 1995, 9 (1), 27-31.



10. **Pronk**, N.P., Crouse, S.F., & Rohack, J.J. Maximal exercise and acute mood response in women. *Physiology and Behavior*, 1995, 57 (5), 1-4.
11. Pronk, S.J., **Pronk**, N.P., Sisco, A., Schiller-Ingles, D., & Ochoa, C. Impact of a daily 10-minute strength and flexibility program in a manufacturing plant. *American Journal of Health Promotion*, 1995, 9 (3), 175-178.
12. Jakicic, J.M., Donnelly, D.J., Jawad, A.F., **Pronk**, N.P., & Jacobsen, D.J. Prescription of exercise intensity for the obese patient: The relationship between heart rate, VO<sub>2</sub>, and perceived exertion. *International Journal of Obesity*, 1995, 19 (6), 382-387.
13. **Pronk**, N.P., Crouse, S.F., O'Brien, B.C., & Rohack, J.J. Acute effects of walking on serum lipids and lipoproteins in women. *Journal of Sports Medicine and Physical Fitness*, 1995, 35 (1), 50-58.
14. Wing, R.R., Jeffery, R.W., **Pronk**, N.P., & Hellerstedt, W.L. Effects of a personal trainer and financial incentives on exercise adherence in overweight women in a behavior weight loss program. *Obesity Research*, 1996, 4(5), 457-462.
15. **Pronk**, N.P., O'Connor, P., Isham, G., & Hawkins, C. Building a patient registry for implementation of health promotion initiatives in a managed care setting. *HMO Practice*, 1997, 11(1), 43-46.
16. **Pronk**, N.P., & O'Connor, P. Systems approach to population health improvement. *Journal of Ambulatory Care Management*, 1997, 20(4), 24-31.
17. O'Connor, P. & **Pronk**, N.P. Database system to identify biological risk in managed care organizations: Implications for clinical care. *Journal of Ambulatory Care Management*, 1997, 20(4), 17-23.
18. O'Connor, P. & **Pronk**, N.P. Integrating population health concepts, clinical guidelines, and ambulatory medical systems to improve diabetes care. *Journal of Ambulatory Care Management*, 1998, 21(1), 67-73.
19. Boyle, R.G., O'Connor, P.J., **Pronk**, N.P., & Tan, A. Stages of change for physical activity, diet, and smoking among HMO members with chronic conditions. *American Journal of Health Promotion*, 1998, 12(1), 170-176.
20. O'Connor, P.J., Rush, W., & **Pronk**, N.P. Identifying Health Maintenance Organization Members with Diabetes Mellitus or Heart Disease: Sensitivity, Specificity, Predictive Value and Cost of Survey and Database Methods. *The American Journal of Managed Care*, 1998, 4(3), 335-342.
21. **Pronk**, N.P., Boyle, R.G., & O'Connor, P.J. The association between physical fitness and diagnosed chronic disease in Health Maintenance Organization members. *American Journal of Health Promotion*, 1998, 12(5), 300-306.
22. Rolnick, S.J., O'Connor, P.J., Jackson, J.M., Boyle, R.G., **Pronk**, N.P., & Loes, L.M. Early- and late-stage breast cancer in a managed care setting in relation to mammography screening. *Cancer Detection and Prevention*, 1998, 22(6), 495-498.
23. **Pronk**, N.P. & Entzion, K. Worksite health promotion and managed care: Creating partnerships for population health improvement. Proceedings from the HealthPartners Worksite Health Promotion Symposium. *Worksite Health*, 1998, Summer, 10-17.
24. Goetzel, R.Z., Anderson, D.R., Whitmer, R.W., Ozminskiowski, R.J., Dunn, R.L., Wasserman, J. & the Health Enhancement Research Organization (HERO) Research Committee (Bazarre, T.L., Beadle, C.E., Berglund, R.K., Boscarino, J.A., Dundon, M.W., Guebelein, C.J., Kelley, B.C., & **Pronk**, N.P.) The relationship between modifiable health risks and health care expenditures. An analysis of the multi-employer HERO health risk

- and cost database. *Journal of Occupational and Environmental Medicine*, 1998, 40(10), 843-854.
25. O'Connor, P.J., **Pronk**, N.P., Tan, A.W., Rush, W.A., & Gray, R.J. Does professional advice influence aspirin use to prevent heart disease in an HMO population? *Effective Clinical Practice*, 1998, 1(1), 26-32.
  26. **Pronk**, N.P. & Boucher, J. Systems approach to childhood and adolescent obesity prevention and treatment in a managed care organization. *International Journal of Obesity*, 1999, 23(Suppl. 2), S38-S42.
  27. Boucher, J.L., Schaumann, J.D., **Pronk**, N.P., Priest, B., Ett, T, & Gray, C.M. The effectiveness of telephone-based counseling for weight management. *Diabetes Spectrum*, 1999, 12(2), 121-123.
  28. **Pronk**, N.P., Tan, A.W.H., & O'Connor, P.J. Obesity, fitness, willingness to communicate and health care costs. *Medicine and Science in Sports and Exercise*, 1999, 31(11), 1535-1543.
  29. **Pronk**, N.P., Goodman, M.J., O'Connor, P.J., & Martinson, B.C. Short-term cost to health plans of obesity, smoking status, and physical activity. *Journal of the American Medical Association (JAMA)*, 1999, 282(23), 2235-2239.
  30. Boyle, R.G., O'Connor, P.J., **Pronk**, N.P. & Tan, A. Health behaviors of smokers, ex-smokers, and never-smokers in an HMO. *Preventive Medicine*, 2000, 31, 177-182.
  31. Boucher, J.L., **Pronk**, N.P., & Gehling, E.M. Telephone-based lifestyle counseling. *Diabetes Spectrum*, 2000, 13, 190-192.
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**Special issue on Healthy People 2030 in the *Journal of Public Health Management and Practice* (JPHMP): Volume 27:S213-S214, November/December 2021.**

**Accessible at: [November/December 2021 - Volume 27 - Issue : Journal of Public Health Management and Practice \(lww.com\)](#)**

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421. Kottke TE, Gallagher JM, Rauri S, Tillema JO, **Pronk NP**, Knudson SM. 2016. *New summary measures of population health and well-being for implementation by health plans and accountable care organizations*. National Academy of Medicine. Discussion Paper.
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423. Bakus P, **Pronk NP**, Rowe S. *Working toward engaging local businesses in community obesity solutions: A preliminary report from the field*. Perspectives: Expert Voices in Health & Health Care. National Academy of Medicine, Washington, DC, 2017. <https://nam.edu/working-toward-engaging-local-businesses-in-community-obesity-solutions-a-preliminary-account-from-the-field/>
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- 16) Health Enhancement Research Organization (HERO). Baase C, Flynn J, Goetzel R, **Pronk** NP, Terry P, White JM. Environmental Scan: Measuring a Culture of Health. Available at: <http://hero-health.org/wp-content/uploads/2014/12/Environmental-Scan-Measuring-a-Culture-of-Health.pdf>
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  - 18) Terry P. Twenty-two health promotion pioneers. *Am J Health Promot.* 2015. **Pronk** NP, contributor.
  - 19) **Pronk**, NP. Institute for Healthcare Consumerism (IHC). Three ways for employers to build healthy communities -- and healthy employees. *IHC Online.* 2015. [http://www.theihcc.com/en/communities/population\\_health\\_and\\_wellness/three-ways-for-employers-to-build-healthy-communit\\_ihs6k1zd.html?s=bod6jBR2iX9meiwyqS](http://www.theihcc.com/en/communities/population_health_and_wellness/three-ways-for-employers-to-build-healthy-communit_ihs6k1zd.html?s=bod6jBR2iX9meiwyqS)
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  - 30) NIOSH [2021]. The NIOSH future of work initiative research agenda. By Tamers S, Pana-Cryan R, Ruff T, Streit J, Flynn M, Childress A, Chang CC, Novicki E, Ray T, Fosbroke D, Geraci C. Cincinnati, OH: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Institute for Occupational Safety and Health. DHHS (NIOSH) Publication No. 2022-105, <https://doi.org/10.26616/NIOSH PUB2022105>. NIOSH's Future of Work Initiative includes priority topics across the workplace (organizational design, technological job displacement, work arrangements), work (artificial intelligence, robotics, technologies), and workforce (demographics, economic security, skills). **Pronk**, NP, served as independent, external reviewer.
  - 31) Terry P. The twenty five most important studies in health promotion. *American Journal of Health Promotion* 2022. <https://doi.org/10.1177/08901171221120716> . **Pronk**, NP, contributor.
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### Annual Reports to Congress—US Community Preventive Services Task Force

- 1) Community Preventive Services Task Force. *2011 Annual Report to Congress*. (**Pronk** NP, Co-author) (<http://www.thecommunityguide.org/library/ARC2011/index.html>)

- 2) Community Preventive Services Task Force. *2012 Annual Report to Congress*. (Pronk NP, Co-Chair) (<http://www.thecommunityguide.org/news/2013/2012AnnualReport.html>)
- 3) Community Preventive Services Task Force. *2013 Annual Report to Congress*. (Pronk NP, Co-Chair) (<http://www.thecommunityguide.org/annualreport/2013Report.html>)
- 4) Community Preventive Services Task Force. *2014-2015 Annual Report to Congress*. (Pronk NP, Co-Chair) (<http://www.thecommunityguide.org/annualreport/index.html>)
- 5) Community Preventive Services Task Force. *2016 Annual Report to Congress*. (Pronk NP, Co-Chair) (<http://www.thecommunityguide.org/annualreport/2016-congress-report-full.pdf>)
- 6) Community Preventive Services Task Force. *2017 Annual Report to Congress*. (Pronk NP, Co-Chair) (<https://www.thecommunityguide.org/sites/default/files/assets/2017-congress-report-full.pdf>)

**Articles published as an active participating member of task forces or networks:**

- 1) Over 100 papers as a member (2004-2017) of the Community Preventive Services Task Force (CPSTF).
- 2) An ongoing number of papers published as a member of the HL-PIVOT Global Network (See: <https://ahs.uic.edu/physical-therapy/healthspan/hl-pivot-healthy-living-for-pandemic-event-protection/>)

***Non-print Publications, Educational Programs, Videos, MOOC, Blogs, Podcasts:***

- 1) National Diabetes Education Program on-line resource for health systems change. 2003. **Pronk**, N.P., contributor.
- 2) **Pronk**, N.P. Considerations for Facility and Program Design. In: *From Inactive to Active: Practical Tools to Attract, Motivate, and Retain*. Healthy Learning DVD, ACSM's Health & Fitness Summit & Exposition, Orlando, 2004. Healthy Learning, Monterey, CA, 2004.
- 3) **Pronk**, N.P. Physical Activity Promotion in Business and Industry: Evidence, Context, and Recommendations for a National Plan. Healthy Learning DVD, ACSM's Health & Fitness Summit & Exposition, Austin, Texas, 2010. Healthy Learning, Monterey, CA, 2010.
- 4) **Pronk**, N.P. and Roberts, D. Exercise is Medicine in the Workplace: The Preventive Power of Exercise Interventions at Work. Healthy Learning DVD, ACSM's 57<sup>th</sup> Annual Meeting, Baltimore, MD, 2010. Healthy Learning, Monterey, CA, 2010.
- 5) **Pronk**, N.P. Interview. ACSM's Distinguished Leaders Series, Vol. 1S (2010). Interview conducted in Austin, TX, 2010. Healthy Learning DVD, Healthy Learning, Monterey, CA, 2010.
- 6) **Pronk**, NP. ACSM Tutorial Lecture—Exercise is Medicine in the Workplace. Healthy Learning DVD, ACSM's Health & Fitness Summit & Exposition, Las Vegas, Nevada, 2011. Healthy Learning, Monterey, CA, 2011.
- 7) *International Association for Worksite Health Promotion Online Certificate Course*. **Pronk** NP, Mills PR, Cherniak S, Monahan E, Baun W. Human Kinetics, Inc. Champaign, IL, USA, 2012. [www.HumanKinetics.com](http://www.HumanKinetics.com) and <http://www.humankinetics.com/iawhp>
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- 9) Franklin B, **Pronk** NP, Jansson I. Is Exercise is Medicine Good Business? ACSM Colloquium. Healthy Learning DVD, ACSM's Health & Fitness Summit & Exposition, Las Vegas, Nevada, 2012. Healthy Learning, Monterey, CA, 2012.
- 10) **Pronk**, NP. The effectiveness of team-based care in improving blood pressure control (A systematic review and recommendation from the Community Preventive Services Task Force). QuantiaMD online webinar to support physician continuing education. Online at: <http://quantiamd.com/player/yybwrydqt?cid=1465>.
- 11) Estey, C and **Pronk**, NP. Trends and Opportunities in Worksite Health Promotion. Healthy Learning DVD, ACSM's Health & Fitness Summit & Exposition, Las Vegas, Nevada, 2012. Healthy Learning, Monterey, CA, 2012.
- 12) Sallis R, Blair S, Franklin B, and **Pronk**, NP. A Drug Called Exercise. Healthy Learning DVD, ACSM's Health & Fitness Summit & Exposition, Indianapolis, Indiana, 2013. Healthy Learning, Monterey, CA, 2013.
- 13) Healthy Workplaces, Healthy Communities. [www.get-hwhc.org](http://www.get-hwhc.org) website hosted by HERO and sponsored by the RWJF. 2015.
- 14) Ankel F. **Pronk** N. Bending to Adapt. International Clinician Educators (ICE) Blog. October, 2016. Available at: <https://icenetblog.royalcollege.ca/2016/10/18/resilient-medical-leaders-bending-to-adapt/>
- 15) **Pronk** NP and Sorenson G. Work health and wellbeing video on the business case for health and well-being. Harvard Chan School, 2017. [https://www.youtube.com/watch?v=BFHHKTdVY\\_g](https://www.youtube.com/watch?v=BFHHKTdVY_g)
- 16) Dave Lagerstrom and **Nico Pronk**: Interview on best practices for workplace well-being program design. Section 3 of the "Improving Your Business through a Culture of Health" Massive Open Online Course (MOOC); Harvard Business School and Harvard Chan School; Lead Faculty: Howard Koh and Amy Edmondson, 2018.[also see: <https://www.cnbc.com/2018/06/25/10-business-classes-you-can-take-online-for-free.html>]
- 17) **Pronk** NP. ACSM's Health & Fitness Journal: Worksite Health Promotion CEC Course. A 30-question corresponding online quiz based on 6 ACSM's Health & Fitness Journal articles published in 2014 and 2015.
- 18) **Pronk** NP and Sorenson G. Business case for Total Worker Health. Harvard University, Chan School of Public Health. <https://www.hsph.harvard.edu/ecpe/programs/work-health-and-well-being/>
- 19) **Pronk NP**. Prevention vs. treatment: Investing in the health of communities. Podcast for Insight Angle from 3M Healthcare. <https://www.3mhisinsideangle.com/podcast-post/prevention-vs-treatment-investing-in-the-health-of-communities/>

**Promotional blurb:** *When public health initiatives account for 90 percent of improvements in population health, what is the role of the care delivery system in addressing non-medical or social factors that drive outcomes? For Nico Pronk, PhD, President of the HealthPartners Institute and Chief Science Officer at [HealthPartners](http://HealthPartners.com), it means finding the right balance between caring for the urgent needs of a community and enhancing the vital conditions of a community, such as affordable housing, healthy food accessibility, and early childhood education. Based on the success of HealthPartners' [Power Up 4 Kids](http://PowerUp4Kids.com) program and other initiatives, Dr. Pronk discusses an approach that pays careful attention to the needs of a community and engages local stakeholders to improve the chances of good outcomes.*

- 20) Katherine J. Igoe. Interview for Harvard School of Public Health. Bullying in the workplace. [\*It's Not Just Personal: The Economic Value of Preventing Bullying in the Workplace.\*](#)
- 21) Infographic for Healthy People 2030 publication in the *Journal of Public Health Management and Practice* from **Pronk NP**, Kleinman DV, et al. (December 2020). <https://jphmpdirect.com/2020/12/15/infographic-promoting-health-and-well-being-in-healthy-people-2030/>
- 22) **Pronk NP** and Kleinman DV. Promoting Health and Well-Being in Healthy People 2030. Podcast for the *Journal of Public Health Management and Practice*. **Listen to the full conversation here:** [https://jphmpdirect.com/?p=24640&preview=1&\\_ppp=3221b00ae4](https://jphmpdirect.com/?p=24640&preview=1&_ppp=3221b00ae4)  
**Promotional blurb** (December 2020): *In this episode of JPHMP Direct Talk, authors Nico Pronk and Dushanka Kleinman discuss their article, “Promoting Health and Well-being in Healthy People 2030,” published ahead of print in the Journal of Public Health Management and Practice. Healthy People 2030 describes a vision and offers benchmarks that can be used to track progress toward the goal of all people in the United States achieving their full potential for health and well-being across the life span. This vision can be realized through evidence-based interventions and policies that address the economic, physical, and social environments in which people live, learn, work, and play. Securing health and well-being for all will benefit society as a whole. Gaining such benefits requires eliminating health disparities, achieving health equity, attaining health literacy, and strengthening the physical, social, and economic environments. Implementation of Healthy People 2030 will be strengthened by engaging stake-holders from many sectors and ensuring the effective use and alignment of resources. Promoting the nation’s health and well-being is a shared responsibility—at the national, state, territorial, tribal, and community levels. It requires involving the public, private, and not-for-profit sectors.* Direct link to the podcast: <http://bit.ly/2WkY5tv>. Landing page where other links to all the posts as they publish are accessible: <https://jphmpdirect.com/healthy-people-2030/>.
- 23) Roundtable on Obesity Solutions: Proceedings in brief for the workshop, [\*Using Systems Applications to Inform Obesity Solutions\*](#), (video). The publication is [online](#) (access to PDF). 2020.
- 24) Katherine J. Igoe. **Pronk NP** and Dennerlein J. Interview for Harvard School of Public Health. How COVID-19 has changed the standards of worker safety and health – and how organizations can adapt. [\*How COVID-19 Has Changed the Standards of Worker Safety and Health — and How Organizations Can Adapt.\*](#) 2021.
- 25) **Pronk NP**. Healthy Insights Podcast. 2021. Interview and conversation on the general topic of health and well-being.
- 26) A Special Issue from *The Journal of Public Health Management and Practice* (JPHMP) has published 7 articles, 3 podcasts, and two infographics featuring **Healthy People 2030**. JPHMP produced 3 podcasts: one featuring HP2030’s role in promoting health and well-being with Dushanka Kleinman and Nico **Pronk**, a second featuring HP2030’s emphasis in addressing the social determinants of health and in advancing health equity; and a third highlighting the updated definition of health literacy in HP2030. JPHMP also has produced two HP2030 infographics: one featuring health and well-being, and a second featuring the updated definition of health literacy. The podcasts and infographics are available at <https://jphmpdirect.com/healthy-people-2030/>.



- 27) Katherine J. Igoe. **Pronk** NP and Dennerlein J. Interview for Harvard School of Public Health. The changing face of worker safety, health, and well-being in a post-pandemic future. [\*The Changing Face of Worker Safety, Health, and Well-Being in a Post-Pandemic Future | Executive and Continuing Professional Education | Harvard T.H. Chan School of Public Health\*](#). 2022.
- 28) Samantha De Leon. **Pronk** NP interview. Minneapolis-Saint Paul Magazine. HealthPartners Seeks 100,000 Volunteers for New DNA Database. The no-cost, voluntary program includes free ancestral analysis. [HealthPartners Seeks 100,000 Volunteers for New DNA Database - Mpls.St.Paul Magazine \(mspmag.com\)](#). April 2022.
- 29) Reed P, **Pronk** NP, et al. Civic Engagement and Health. Healthy People 2030 Webinar. US DHHS. August, 2022.
- 30) **Pronk** NP, et al. PCORI Payer Engagement webinar. September, 2022.
- 31) **Pronk** NP. Health Chatter Podcast on Healthy People 2030. December, 2022.
- 32) **Pronk** NP, Spoonheim J, and Andrea Jerrick (St. Croix Health). Total Worker Health video to support employer initiatives at HealthPartners. (February, 2023). <https://www.dropbox.com/s/s84o8xistwou5da/Total%20Worker%20Health%20Learning%20Lab%20vidoe.m4v?dl=0>
- 33) **Pronk** NP. Rising rates of obesity in Minnesota. Star Tribune newspaper article. October 14, 2023. <https://www.startribune.com/minnesota-losing-obesity-battle-one-in-three-adults-fits-the-bill/600312347/>
- 34) **Pronk**, NP. WCCO radio interview on rising rates of obesity in Minnesota. October 16, 2023. <https://www.startribune.com/minnesota-losing-obesity-battle-one-in-three-adults-fits-the-bill/600312347/> or <https://omny.fm/shows/drivetime-with-derusha/radd-report-obesity>
- 35) **Pronk**, NP. Driving Cultural Change and Increasing Health Literacy in the Workplace - with Nico Pronk from HealthPartners Institute. 2024, May 1. [EdLogics | The Health Literacy 2.0 Podcast | Episode 35 - Driving Cultural Change and Increasing Health Literacy in the Workplace - with Nico Pronk from HealthPartners Institute](#)
- 36) **Pronk** NP. Vote. It's good for your health. HealthPartners myPartner Blog post. September 24, 2024. <https://healthpartnersconnect.sharepoint.com/sites/myNews/SitePages/Vote-Its-good-for-your-health.aspx>